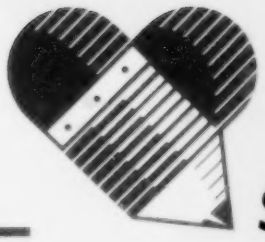

Safe & Caring Schools

Teaching and Learning Resources

Alberta LEARNING

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Safe and Caring Schools

Teaching and Learning Resources

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This document is intended for

Counsellors	✓
Administrators	✓
Teachers	✓
Student Services Personnel	✓

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Resources may be ordered from local bookstores and/or the publishers or distributors listed on the left-hand side of the page. See pages 70–73 for addresses for publishers and distributors.

Authorized Resources

Grade Level:
Staff Development Resource (General)

Topics: behaviour management, classroom management, conflict resolution, youth violence
Audience: educators, counsellors, parents
ISBN: 1–88879639–58–0
Publisher: National Educational Service
Place of Publication: Bloomington, IN

***As Tough as Necessary: A Discipline with Dignity Approach to Countering Aggression, Hostility and Violence* (1997)**
National Educational Service

As Tough as Necessary extends the original *Discipline with Dignity* program developed by Richard Curwin and Allen Mendler. This staff development program focuses on techniques for handling power struggles, student conflicts and difficult groups of students, including gangs. *As Tough as Necessary* contains four 20-minute videos, filmed in ECS–Grade 12 multicultural settings, that provide strategies for prevention, intervention and resolution of difficult discipline situations. Each video includes interviews, expert analysis, and scenarios that depict conflicts arising in and outside of classrooms. The accompanying 70-page training guide outlines different training sessions.

Components:
- one binder
- four videotapes
- one print staff development guide

Available from the Learning Resources Centre (http://www.lrc.learning.gov.ab.ca/), Product Number 365404

Grade Level:
Staff Development Resource (General)

***As Tough as Necessary: Countering Violence, Aggression, and Hostility in Our Schools* (1997)**
Richard L. Curwin and Allen N. Mendler

Topics: youth violence, conflict resolution, anger
Audience: educators, administrators, counsellors, parents
ISBN: 0-87120-280-8 (paperback)
Publisher: Association for Supervision and Curriculum Development
Place of Publication: Alexandria, VA

The authors, Curwin and Mendler, suggest that problems worsen when solutions or consequences are based on formulas rather than circumstances, motivations and needs. They say change is tough, however educators and society need to get tough with themselves and implement more appropriate teaching methods for dealing with aggression. Violence prevention and intervention require thoughtful educators willing to make tough decisions.

Available from the Learning Resources Centre (http://www.lrc.learning.gov.ab.ca/), Product Number 379364

Grade Level:
ECS–Grade 12

***Building Foundations for Safe and Caring Schools: Research on Disruptive Behaviour and Violence* (1999)**
Grace Malicky, Bonnie Shapiro and Kas Mazurek

Topics: research, behaviour, violence
Audience: educators, administrators, parents, students, community
ISBN: 1-55220-029-9
Publishers: University of Alberta, University of Ca'gary, University of Lethbridge, Duval House Publishing
Place of Publication: Edmonton, AB

This publication is the result of collaborative research conducted by the faculties of education at the Universities of Alberta, Calgary and Lethbridge, under the government's Safe and Caring Schools initiative. The result is a collection of readings that describes the nature and extent of disruptive behaviour and violence in Alberta schools, and provides insight into the social, psychological and personal dimensions of disruption and violence in school settings. This book provides a foundation for the development of proactive solutions to the problems facing teachers and administrators in schools today. Summaries of individual research projects are also available at [http://www.education.ualberta.ca/educ/research/tri-fac/tri-fac.html].

Available from the Learning Resources Centre (http://www.lrc.learning.gov.ab.ca/), Product Number 399932

Grade Level:
ECS–Grade 12

Topic: classroom management
Audience: educators, administrators, community
ISBN: 0–9695388–1–2
Publisher: Bookation Inc. and Perceptions
Place of Publication: Toronto, ON and Edmonton, AB
Distributor: The Teachers' Book Depository

Classroom Management: A Thinking and Caring Approach (1994)

Barrie Bennett and Peter Smilanich

This book was written to extend the classroom-management skills of experienced teachers, beginning teachers and educators in staff-development positions. This book is useful for teachers in mentoring roles and those assisting teachers in classroom management. It focuses on increasing understanding of how effective teachers prevent and respond to misbehaviours to create better learning environments.

Available from the Learning Resources Centre (http://www.lrc.learning.gov.ab.ca/), Product Number 445660

Grade Level:
Staff Development Resource (ECS–Grade 12)

Topics: behaviour management, classroom management, conflict resolution, cooperative and collaborative teaching
Audience: educators, counsellors
Publisher: National Educational Service
Place of Publication: Bloomington, IN

Curwin & Mendler's Discipline with Dignity Video Training Set (1994 — print, 1991 — video set)

Allen Mendler and Richard Curwin

Discipline with Dignity is a staff development program that includes a philosophy and set of strategies that form the foundation of effective discipline. The cornerstone of this program is that all students, no matter how challenging their behaviour, deserve to be treated with respect and dignity, and that all discipline should be designed to teach responsibility rather than just obedience. The techniques and strategies, developed by Richard Curwin and Allen Mendler, are derived from their book, *Discipline with Dignity*, published by the Association for Supervision and Curriculum Development. This training set includes three 20-minute videos and a comprehensive guide to implementing discipline with dignity throughout the school and district setting.

Components:

- one binder containing print guide
- three videotapes

Available from the Learning Resources Centre (http://www.lrc.learning.gov.ab.ca/), Product Number 365412

Grade Level:
Staff Development Resource (General)

Topics: behaviour management, classroom management, conflict resolution, cooperative and collaborative teaching
Audience: educators, administrators, counsellors, parents
ISBN: 0-87120-154-2
Publisher: Association for Supervision and Curriculum Development
Place of Publication: Alexandria, VA

***Discipline with Dignity* (1997)**
Richard L. Curwin and Allen N. Mendler

School staffs searching for ways to enhance their discipline practices will find this book filled with practical, tested and worthwhile classroom and school techniques. *Discipline with Dignity* implies not only dignity for students but teachers as well. Curwin and Mendler provide a means of aligning discipline policies and procedures with larger, long-range educational outcomes. Professionals using this text will learn to: develop a comprehensive classroom discipline plan, stop misbehaviour when it occurs without attacking the dignity of the student, resolve problems with students who chronically disrupt the learning process, reduce stress, and implement guidelines for rules and consequences that work.

Available from the Learning Resources Centre (http://www.lrc.learning.gov.ab.ca/), Product Number 379372

Grade Level:
Staff Development Resource (General)

Topics: discrimination, prejudice, rights and responsibilities, law, communication, feelings, acceptance, understanding and tolerance
Audience: educators, counsellors, administrators, parents
ISBN: 1-879639-05-X
Publisher: National Educational Service
Place of Publication: Bloomington, IN

***Reclaiming Youth at Risk: Our Hope for the Future* (1990)**
Larry K. Brendtro, Martin Brokenleg and Steve Van Bockern

This book blends theory with practice to "reclaim environments" for youth at risk. A reclaiming environment is one that creates change to meet the needs of young people and society. Part 1 examines the alienation of children in the often inhospitable environments of modern society. Part 2 presents a holistic Native-American philosophy to child development. Part 3 highlights the principles and strategies for creating a reclaiming environment. This text reconceptualizes how people look at difficult students and offers teachers hope for developing interventions with them.

Available from the Learning Resources Centre (http://www.lrc.learning.gov.ab.ca/), Product Number 387078

Grade Level:
Staff Development Resource (ECS–Grade 12)

Topics: discrimination, prejudice, rights and responsibilities, law, communication, feelings, acceptance, understanding and tolerance
Audience: educators, counsellors, parents
ISBN: 18799639–43–2
Publisher: National Educational Service
Place of Publication: Bloomington, IN

Reclaiming Youth at Risk: Our Hope for the Future (1996)

National Educational Service

This program encourages the creation of a "reclaiming environment" for youth in trouble. The program combines traditional European philosophies of education with traditional Native-American philosophies of child rearing. It is based on the four elements of the Native "Circle of Courage": belonging, mastery, independence and generosity. A reclaiming environment is one that creates change to meet the needs of young people and society.

The features of this environment include:

- experiencing belonging in a supportive community
- meeting one's need of mastery through encouraging, planning for and celebrating success
- involving youth in determining their own future, while recognizing society's need to control harmful behaviour
- expecting youth to be caregivers and considerate of the needs of others, not just recipients of care and services from adults.

Components:

- one binder
- three videotapes
- one print facilitator's guide

Available from the Learning Resources Centre (http://www.lrc.learning.gov.ab.ca/), Product Number 365420

Grade Level:
Grades 7–12

Topic: social skills
Audience: educators, parents, students
ISBN: 0-87822-369-X
Publisher: Research Press
Place of Publication: Champaign, IL

Skillstreaming the Adolescent: New Strategies and Perspectives for Teaching Prosocial Skills (revised edition) (1997)

Arnold P. Goldstein and Ellen McGinnis

This resource addresses social skill deficiency and its remediation through a prosocial skills training approach called Skillstreaming. The curriculum is divided into six skill groups: beginning social skills, advanced social skills, skills for dealing with feelings, alternatives to aggression, skills for dealing with stress, and planning skills. Within each skill group, strategies are provided for teaching adolescents 50 specific prosocial skills; e.g., starting a conversation, apologizing, expressing feelings, standing up for a friend, responding to failure, setting a goal.

Components:

- a print book (Product Number 376617)
- a student manual that serves as both a reference and an organizer (Product Number 376500)
- a program forms booklet containing a collection of assessment forms, checklists and student handouts (Product Number 376576)

Available from the Learning Resources Centre (http://www.lrc.learning.gov.ab.ca/)

Grade Level:
Grades 1–6

Topic: social skills
Audience: educators, parents, students
ISBN: 0–87822–372–X
Publisher: Research Press
Place of Publication: Champaign, IL

***Skillstreaming the Elementary School Child: New Strategies and Perspectives for Teaching Prosocial Skills* (revised edition) (1997)**
Ellen McGinnis and Arnold P. Goldstein

This resource addresses social skill deficiency and its remediation through a prosocial skills training approach called Skillstreaming. The curriculum is divided into five skill groups: classroom survival skills, friendship-making skills, skills for dealing with feelings, alternatives to aggression, and skills for dealing with stress. Within each skill group, strategies are provided for teaching elementary school children 60 specific prosocial skills; e.g., asking for help, saying thank you, using self-control, accepting consequences, making a complaint, dealing with group pressure.

Components:

- a print book (Product Number 376584)
- a student manual that serves as both a reference and an organizer (Product Number 376592)
- a program forms booklet containing a collection of assessment forms, checklists and student handouts (Product Number 376609)

Available from the Learning Resources Centre (http://www.lrc.learning.gov.ab.ca/)

Grade Level:
ECS–Grade 6

Topics: safe and caring classrooms, self-esteem, diversity, prejudice, anger, bullying, working it out together
Audience: educators, parents, students
Publisher: The Alberta Teachers' Association
Place of Publication: Edmonton, AB

Toward a Safe and Caring Curriculum: ATA Resources for Integration

The Alberta Teachers' Association

This project is part of the Minister's Safe and Caring Schools initiative. It offers curriculum support materials, including detailed lesson plans, prepared by Alberta teachers who adapt and extend the Lions-Quest materials so they can be incorporated into the Alberta programs of study from ECS–Grade 12. The mission of this project is to encourage school practices which model and reinforce socially responsible and respectful behaviours so that learning and teaching can take place in a safe, secure and caring environment.

Available from the Learning Resources Centre (http://www.lrc.learning.gov.ab.ca/)

- Kindergarten (Topics 1, 2 and 5 only): Product Number 445446
- Grade 1: Product Number 445371
- Grade 2: Product Number 445389
- Grade 3: Product Number 445404
- Grade 4: Product Number 445412
- Grade 5: Product Number 445420
- Grade 6: Product Number 445438

Recommended Resources

The recommended resources are organized into categories that correspond with the topics in *Toward a Safe and Caring Curriculum: ATA Resources for Integration* (see page 8 for more). The topics are: Building a Safe and Caring Classroom, Building Self-esteem, Respecting Diversity and Preventing Prejudice, Managing Anger and Preventing Bullying, and Working it Out Together.

Resources may be ordered from local bookstores and/or the publishers or distributors listed in the left-hand column. See pages 70–73 for addresses for publishers and distributors.

Building a Safe and Caring Classroom

Grade Level:
Staff Development (Grades 7–9)

Topics: sexual harassment, policy, legal accountability
Audience: educators
Publisher: National Film Board of Canada
Place of Publication: Montreal, QC

***Appropriate Actions: A Guide for Educators on Dealing with Sexual Harassment* (1998)**
National Film Board of Canada

This video contains a discussion of sexual harassment by educators and experts, including definitions, examples, impact and legal accountability. The video outlines a step-by-step plan of action for creating and maintaining a sexual harassment policy at school, including specifics of what educators can do to ensure their classrooms and schools are safe learning environments. PLEASE NOTE: This video should not be used with students who have opted out of the sexuality unit of the CALM and health curricula, unless parental permission is obtained. Teachers should be aware that there are references to homosexuality and homophobia.

This video is a companion video to *Unsuitable Actions* (see page 27).

Grade Level:
Staff Development Resource (Grades 7–12)

Topics: violence, behaviour management, anger, goal setting, conflict resolution, law, teen pregnancy, abuse, communication, feelings, citizenship, leadership, drug abuse
Audience: educators, counsellors
Publisher: Developmental Research and Programs, Inc.
Place of Publication: Seattle, WA

Communities That Care (1996, 1997)

Sherry C. Wong, Kathleen Burgoyne, Richard F. Catalano Jr., Patricia J. Chappell and J. David Hawkins

The purpose of this kit is to mobilize and empower individuals and organizations concerned with the healthy development of young people. This comprehensive development program addresses risk factors that increase young people's chances of developing problems in five areas: substance abuse, teen pregnancy, crime, dropping out of school, and violence. The authors discuss protective factors that impact the lives of children: community, family, school and the individual. *Communities That Care* provides a methodology for joining the forces of a full range of organizations and groups who together will work toward the shared vision of a safe and nurturing environment for all children.

Components:

- two audiocassettes
- one videotape
- slides
- three manuals: one leader's guide, one team handbook, one data workbook
- one community scrapbook
- one research guide
- one text: *Communities That Care*
- one folder of overheads (21)
- one folder of activity sheets (38)

Grade Level:
Upper Elementary (Grades 4–8)

Topics: responsibility, critical viewing, reality vs. fantasy, violence, problem solving, media violence
Audience: educators, students, counsellors
Publisher: The Altschul Group
Place of Publication: Evanston, IL
Distributor: Magic Lantern Communications Ltd.

Conquering the Media Maze Series: Violence (1995)

The Altschul Group

This 16-minute video shows a group of students discussing the violence they see on television and in the movies, and how it differs from real life. Viewers are encouraged to evaluate programs in terms of the information presented, the information missing and where they can go to fill the gaps. Students learn that they are responsible for their viewing habits and that there are ways to avoid watching violence. PLEASE NOTE: Teachers should remind students that books need to be examined critically as well.

Grade Level:
Grades 7–9

COOL 2B SAFE: Violence Prevention Video Series (1995)

American Guidance Service, Inc.

Topics: youth violence, conflict resolution, communication, feelings, rights and responsibilities, acceptance, tolerance, law
Audience: educators, administrators, parents, community, students
ISBN: 0–7854–0407–4 (presenter's guide)
Publisher: American Guidance Service, Inc.
Place of Publication: Circle Pines, MN
Distributor: Psycan Corporation

COOL 2B SAFE presents a step-by-step approach to violence prevention. The series is directed to middle school and junior high teachers, students, staff and parents. This six-part video series helps viewers discover alternatives to violent behaviour. The goal is to help students and teachers create a school environment where everyone can "think safe, feel safe and do safe."

Components:

- one presenter's guide
- six videotapes: *Defining Violence; Eliminating Violence; Being Safe; Violence; Think Safe, Feel Safe, Do Safe; Choose Safe*

Grade Level:
Grades 1–9

Co-operative Discipline (2nd edition) (1996)

Linda Albert

Topics: behaviour management, conflict resolution, responsibility, self-control, cooperation, respect
Audience: educators, parents
ISBN: 0–7854–0042–7
Publisher: American Guidance Service, Inc.
Place of Publication: Circle Pines, MN
Distributor: Kineticvideo.com

Co-operative Discipline shows teachers how to work hand-in-hand with students, colleagues and parents to solve the discipline dilemma. It includes corrective, preventive and supportive strategies.

Components:

- two videotapes: Elementary School Version, Secondary School Version
- one teacher's guide

Grade Level:
ECS–Grade 6

Topics: conflict management, anger, communication, respect, tolerance and understanding, cooperation, responsibility
Audience: students, educators
ISBN: 0–87822–346–0 (program guide), 0–87822–350–9 (student manual)
Publisher: Research Press
Place of Publication: Champaign, IL

Creating the Peaceable School: A Comprehensive Program for Teaching Conflict Resolution (1994)

Richard J. Bodine, Donna K. Crawford and Fred Schrumpf

This program reflects the authors' commitment to a vision of peace. They say it is the responsibility of the education system to create an environment where children accept the role of learner, and realize their own power in creating peace within themselves and the world. The program guide, video and student manual present a comprehensive program for teaching conflict resolution at the elementary and middle school levels.

Components:

- one videotape
- one program guide
- one student manual

Grade Level:
Staff Development Resource (General)

Topics: classroom management, behaviour management, respect, rights and responsibilities, safety, communication, feelings
Audience: educators, administrators, counsellors, parents
Publisher: American Guidance Service, Inc.
Place of Publication: Circle Pines, MN
Distributor: Kineticvideo.com or Psycan Corporation

Discipline Strategies: Tough Times for Teachers (1996)

American Guidance Service, Inc.

This kit helps educators deal with classroom management and discipline issues. There is a natural tendency to try to exert control over students who misbehave but this can damage the most effective tool teachers have in shaping positive student behaviours — a positive, respectful teacher-student relationship. This series presents specific ways to intervene and control misbehaviour by encouragement. Separating the student from his or her behaviour leads that student toward taking personal responsibility. The *Discipline Strategies* series demonstrates how to teach students to make positive behaviour choices.

Components:

- six presenter's and viewer's guides: *Annoying Behavior, Non-compliant Behavior, Off-task Behavior, Confrontational Behavior, Rude Behavior, Mean Behavior*
- one videotape

Grade Level:
Staff Development Resource (General)

***Disruptive Behavior in Today's Classroom: Strategies for Success* (1996)**
Canadian Education Association

This booklet discusses effective programs and measures to deal with students who display disruptive or inappropriate behaviours. It focuses primarily on students who are in regular classrooms. The purpose is to provide readers with an overview of popular research, describe what works for some educators and guide teachers to further reading on the topic.

Topics: behaviour management, conflict resolution, anger, rights and responsibilities, feelings, communication, social skills
Audience: educators, administrators, counsellors
ISBN: 1–896660–06–1
Publisher: Canadian Education Association
Place of Publication: Toronto, ON

Grade Level:
ECS–Grade 12

***Effective Discipline* (2nd edition) (1993)**
Deborah Deutsch Smith and Diane M. Rivera

This book provides a wide variety of behavioural management interventions that have proven successful in research and practice. The authors believe good instruction cannot be accomplished in chaos. Themes of *Effective Discipline* are:

- that the prevention of discipline problems occurs by creating an atmosphere that includes students in their total school program
- that discipline and behavioural control are a total school concern
- that the mildest and simplest forms of intervention need to be implemented first.

Topics: behaviour management, conflict resolution, anger, rights and responsibilities, feelings, communication, social skills
Audience: educators, counsellors, administrators, parents
ISBN: 0–89079–579–7
Publisher: Pro-Ed
Place of Publication: Austin, TX
Distributor: Artel Educational Resources Ltd.

Grade Level:
Grades 1–2

***Emergencies* (1997)**
Nancy Loewen

Emergencies discusses what should be done in the event of an accident and basic first aid for common injuries. Knowing what to do makes these situations less frightening and leads to successful treatment interventions.

Topics: safety, first aid, responsibility, cooperation
Audience: students, educators
ISBN: 1–56766–259–5
Publisher: The Child's World, Inc.
Place of Publication: Chanhassen, MN
Distributor: Knowbuddy Resources

Grade Level:
Grades 9–12

Topic: drugs
Audience: students, educators
ISBN: 1–56095–147–8
Publisher: Quest International
Place of Publication: Granville, OH
Distributor: Lions-Quest Canada

Exploring the Issues: Teens — Alcohol and Other Drugs (1995)
Carol Apacki

This resource helps students gain the knowledge, attitudes and behaviours they need to grow up healthy and drug free. The emphasis is less on specific drug facts and more on examining and reflecting on how drug use can affect a teenager's life, both now and in the future. Students examine community resources, laws, advertising, and drug-use pressures and influences.

Grade Level:
Grades 7–10

Topics: gangs, violence, responsibility, anger management, conflict resolution, self-control
Audience: counsellors, educators, administrators, parents, students
ISBN: 0–7854–0459–7 (Video 1), 0–7854–0460–0 (Video 2), 0–7854–0461–9 (Video 3), 0–7854–0462–7 (Student Video 1), 0–7854–0463–5 (Student Video 2), 0–7854–0464–3 (Student Video 3)
Publisher: American Guidance Service, Inc.
Place of Publication: Circle Pines, MN
Distributor: Psycan Corporation

Gangs and Violence: Schoolwide Strategies for Prevention and Intervention (1996)
Marilyn McGuire

This six-part inservice and student video program helps equip teachers and staff for intervention to prevent school violence. Three student videos provide proven methods for avoiding violence, gang-like activities and gang membership.

Components:

- three videotapes for staff and parents: *Gang and Group Violence, Preventing Gang and Group Violence, Intervention Strategies and Teamwork*
- three videotapes for students: *You Have the Power, The Language of Personal Power, Getting Help*

Grade Level:
Staff Development Resource (General)

Topics: gangs, violence, anger, behaviour management, law, conflict resolution, feelings
Audience: educators, child care workers, child psychologists/psychiatrists, counsellors, administrators, parents
ISBN: 1–57035–053–1
Publisher: Sopris West
Place of Publication: Longmont, CO
Distributor: The Teachers' Book Depository

Gangs: Straight Talk, Straight Up (1997)
Mary M. Jensen and Phillip C. Yerington

On the street, the slang term "straight talk" or "straight up" indicates one is telling the complete truth. In this text, the authors look at the issues surrounding gang activity. The major emphasis is on gang identifiers, positive behaviour management strategies and crisis intervention techniques that make both school and home positive and rewarding environments. The goal is for students to receive the support and encouragement they need to remain in school, become involved in family and community activities, and stay off the streets.

Grade Level:
Staff Development (ECS–Grade 9)

Topic: violence
Audience: educators, students
Publisher: Comprehensive Health Education Foundation
Place of Publication: Seattle, WA
Distributor: United Learning

Get Real About Violence: Changing the Norms Series (1986, 1994–1997)
Neal Starkman and Don Fitzmahan

This school-wide program deals with issues related to violence, from ECS–Grade 9. The program is geared to staff development, and includes lesson plans and activities that focus on changing norms that encourage mean and violent behaviours in schools. This program helps students look at how their attitudes and behaviours contribute to violence, adopt norms that discourage violent behaviour, and learn skills to avoid risky situations and resolve conflicts.

Components:

ECS–Grade 3 Unit:
- three print teacher's guides (ECS–Grade 1, Grade 2, Grade 3)
- four videotapes, *Ask for It* (ECS–Grade 1), *Staying Out of Trouble* (Grade 2), *I Think, Second Edition* (Grade 3), *Don't Pop Your Cork on Mondays* (Grade 3)
- one frog puppet (ECS–Grade 1)
- two posters (ECS–Grade 1, Grade 2)
- one audiocassette, *A Visit from Pic* (Grade 3)

Get Real About Violence: Changing the Norms Series (continued)

Grades 4–6 Unit:

- three print teacher's guides (Module 1, Module 2, Module 3)
- two videotapes, *Violence: Don't Stand By* (Module 1), *Violence: Everyone's Problem* (Module 3)
- one audiocassette, *Mean Messages* (Module 2)
- five print copies of play, *The Different Boy* (Module 2)
- two posters (Module 3)

Grades 6–9 Unit:

- three print teacher's guides (Module 1, Module 2, Module 3)
- three videotapes, *No Big Deal* (Module 1), *Violence: Influences All Around* (Module 2), *Violence: It's About Us, Too* (Module 3)
- one audiocassette, *Shooting in Three Parts* (Module 1)
- one set of role-play cards (Module 2)
- three posters (Module 3)

Schoolwide Curriculum:

- one print facilitator's manual (ECS–Grade 9)
- two videotapes, *Orientation* (video 1), *Students as Victims, The Impact on Staff, Norms, Maintaining the Program* (video 2)

Grade Level:
Grades 9–12

Topics: teen homelessness, problem solving, communication, self-esteem, rights and responsibilities
Audience: students, educators
ISBN: 1-55162-526-1 (Learning Resource, Series I)
Publisher: Knowledge Network
Place of Publication: Burnaby, BC

Kidzone Live, Series I: Your Rights (1997)
Knowledge Network

Kidzone is an award-winning educational television series written and produced for children. One issue discussed is teen homelessness. The teenage hosts visit the Youth Resource Centre in Vancouver, BC and interview teens who use the centre. They also interview the editor of "*Slice Magazine*" where street youth are given the opportunity to voice their ideas through poetry and art. The second half provides support to teens in crisis. This video opens viewers' eyes to the real problems of youth while providing hope for teens in need.

Components:

- one videotape: *Your Rights*
- one learning resource (guide) with student activity pages

Grade Level:
Series IV: *Super Safety* — Grades 3–8
Kerrisdale V6M 1Z6 — Grades 6–10
Series V: *Showdown at Devil's Dip* — Grades 6–10

Topics: safety, first aid, conflict resolution, responsibility, peer pressure, multiculturalism, gender roles, fair competition, dropping out, stealing, anger, teasing, harassment, acceptance
Audience: students, educators, counsellors, administrators, social services personnel (depending on the series being viewed)
ISBN:
Series IV: 0–86498–735–8 (Learning Resource, Series IV)
Series V: 1–55162–026–X (Learning Resource, Series V)
Publisher: Knowledge Network
Place of Publication: Burnaby, BC

Kidzone Series IV: Super Safety, Kerrisdale V6M 1Z6 (1993)
Kidzone Series V: Showdown at Devil's Dip (1994)
Knowledge Network

Kidzone is an award-winning educational television series written and produced for students. The series features a wide range of topics and explores societal concerns as they pertain to children. The study guides include activities to prepare students for productive viewing of the videos, and provides for follow-up analysis of each show's content and message. PLEASE NOTE: Teachers should preview the videos as subject matter is mature in nature.

Components:
Series IV:
- two videotapes: *Super Safety, Kerrisdale V6M 1Z6*
- one learning resource (guide) with student activity pages

Series V:
- one videotape: *Showdown at Devil's Dip*
- one learning resource (guide) with student activity pages

Grade Level:
Grades 7–10

Topics: safety, smoking, substance abuse, responsibility, citizenship, leadership
Audience: students, educators, counsellors
ISBN: 1–55162–417–6 (Learning Resource, Series VII)
Publisher: Knowledge Network
Place of Publication: Burnaby, BC

Kidzone Series VII: Pitfalls (1996)
Knowledge Network

Pitfalls deals with student smoking. School administrators do not want to condone smoking by providing designated smoking areas, however students can be exposed to potential dangers in the community if they skip school to smoke at local malls or hangouts. This video helps teenagers consider the big picture surrounding this issue.

Components:
- one videotape: *Pitfalls*
- one learning resource (guide) with student activity pages

Grade Level:
Grades 7–10

Topics: frosh, bullying, teasing, peer pressure, safety, rights and responsibilities
Audience: students, educators, counsellors
ISBN: 1-55162-417-6 (Learning Resource, Series VII)
Publisher: Knowledge Network
Place of Publication: Burnaby, BC

Kidzone Series VII: Slave Day (1996)
Knowledge Network

Slave Day explores common misconceptions and apprehensions of students as they move into high school. It discusses orientation week, dating and drug use. Teens often worry about how to "say no, and still be cool." While drug use is a factor in many high schools, it is just one issue students face. The skills needed to develop strong interpersonal relationships are stressed as the characters in this video address several teen issues.

Components:

- one videotape: *Slave Day*
- one learning resource (guide) with student activity pages

Grade Level:
Grades 2–4

Topics: feelings, communication, acceptance, respect
Audience: students, educators, counsellors
ISBN: 0-8239-2305-3
Publisher: The Rosen Publishing Group, Inc.
Place of Publication: New York, NY
Distributor: Knowbuddy Resources

Let's Talk About Being Afraid (1996)
Anna Kreiner

A simple introduction to the causes of fear and how to handle being afraid. This book explains that being afraid in certain situations is natural, sometimes good and above all, common to everybody.

Grade Level:
Grades 2–4

Topics: grieving, feelings, communication, respect
Audience: students, educators, counsellors
ISBN: 0-8239-5038-7
Publisher: The Rosen Publishing Group, Inc.
Place of Publication: New York, NY
Distributor: Knowbuddy Resources

Let's Talk About Going to a Funeral (1997)
Marianne Johnston

This book helps prepare children for attending a funeral. It explains why our culture holds them, and what they can expect to happen at the funeral, the funeral procession and the cemetery. Cremation and grieving are also discussed.

Grade Level:
Staff Development Resource (ECS–Grade 6)

***Listen Up! Kids Talking About Good Teaching* (1997)**
Judy Ellis, Susan Smart and Jan Small-McGinley

Topic: teaching techniques
Audience: educators, parents, students, community
Publisher: The Idea Factory!
Place of Publication: Edmonton, AB
Distributor: Mighty Motion Pictures

In this 24-minute video, junior high students share reflections on their elementary school experiences and offer advice to teachers on how to make the classroom a more supportive place. *Listen Up!* is intended to be an effective discussion starter rather than a how-to training video. It includes student ideas and useful strategies on how to win over students.

Grade Level:
Grades 1–12

***Media Violence: The Children are Watching — A Guide for Parents and Teachers* (1999)**
The Alberta Teachers' Association

Topic: media violence
Audience: educators, parents
ISBN: 1-896370-82-9
Publisher: The Alberta Teachers' Association
Place of Publication: Edmonton, AB

This booklet contains tips for parents and teachers to counter the effects of media violence on children. PLEASE NOTE: The most recent resource in the list of suggested reading materials was published in 1996. It is advisable to examine current research.

Available from the Learning Resources Centre (http://www.lrc.learning.gov.ab.ca/), Product Number 445511

Grade Level:
Staff Development Resource (ECS–Grade 10)

***Never-Be-A-Victim: Teaching Life Skills for a Safer Community* (1996)**
Jim Byrne, Robert Gordon, Michael Harding and Jean Hewitt

Topics: safety, crime prevention, youth violence, rights and responsibilities, citizenship, leadership, law
Audience: educators, administrators, counsellors, child care workers, crime prevention professionals, parents
ISBN: 0-17-606005-7 (complete institutional kit)
Publisher: Nelson Canada
Place of Publication: Scarborough, ON
Distributor: Nelson Thomson Learning

Never-Be-A-Victim is a core curriculum designed to provide an ongoing teaching and reference program dedicated to student personal safety and crime prevention education. This resource empowers school and parent partnerships, and is supported by police, business, the media and community groups, such as Block Parents and Neighbourhood Watch. This comprehensive manual addresses the new curriculum requirements now incorporated in many provincial initiatives for safe schools.

Components:

- one teacher's guide
- child identification cards
- six videotapes: *Preview (Introduction to Program)*, Parts I–IV and the *Home Study Kit* (includes a parent guide)
- one poster
- one police guide

Grade Level:
ECS–Grade 6

***Peace in the Classroom: Practical Lessons in Living for Elementary-Age Children* (1994)**
Hetty Adams

Topics: conflict resolution, friendship, communication, responsibility, acceptance, feelings
Audience: educators, parents
ISBN: 1–895411–68–8
Publisher: Peguis Publishers Ltd.
Place of Publication: Winnipeg, MB

This resource provides a strong foundation in peacemaking skills. *Peace in the Classroom* is organized into six thematic units: *We are the Same, We are Different; Reach Out and be a Friend; Improving Communication Skills; Dealing with Feelings; Resolving Conflict* and *The Peaceful School*. It includes practical, open-ended activities that can be used alone, extended or enhanced to become mini-units or integrated into other elementary curriculum areas.

Grade Level:
ECS–Grade 3

***Pooh's Great School Bus Adventure* (no date)**
Magic Lantern Communications Ltd.

Topic: school bus safety
Audience: students
Publisher: Magic Lantern Communications Ltd.
Place of Publication: Oakville, ON

This video conveys school bus safety rules for young children. It shows Pooh, Piglet and Christopher Robin taking the school bus.

Grade Level:
Staff Development Resource (General)

***Positive Choices — Practical Discipline Techniques for Educators* (3rd edition) (1998)**
James D. Coombs

Topics: behaviour management, conflict resolution, anger, rights and responsibilities, feelings, communication, social skills
Audience: educators, counsellors, administrators, parents
Publisher: Positive Choices
Place of Publication: Sherwood Park, AB

Positive Choices offers sensible behavioural principles and strategies that encourage and reinforce responsible student behaviour, develop and promote self-discipline, and treat students with dignity. Information is provided to develop rules, consequences and discipline plans, and improve communication with parents. A variety of techniques and alternatives are provided to deal effectively with student behaviour.

Grade Level:
Grades 6–9

R.A.P.: Resources for an Advisory Program: Guiding Middle School Students Through the Transition Years (1990)

Mary Young Williams

Topics: peer mediation, negotiation, transitions, emotions, communication, citizenship, leadership, conflict resolution, respect, tolerance and understanding
Audience: students, educators, counsellors
ISBN: 0-86651-484-8
Publisher: Dale Seymour Publications
Place of Publication: Palo Alto, CA
Distributor: Pearson Education Canada

This year-long advisory program was developed by teachers and counsellors from the Franklin McKinley School District to help students bridge the transition from elementary/junior high to high school. The material is arranged in monthly units with lessons designed to improve communication skills, and foster emotional, social and academic growth.

Grade Level:
Grades 6–9

Respecting Each Other: Sexual Harassment Prevention (1995)

AIMS Multimedia

Topics: sexual harassment, communication, feelings, respect, law, tolerance, youth violence
Audience: students, educators
Publisher: AIMS Multimedia
Place of Publication: Chatsworth, CA
Distributor: Canadian Learning Company, Inc.

This program introduces young people to the problem of sexual harassment. The video features two teenage mentors using role-play with a multiethnic cast of elementary school students. Together, they dramatize common harassment situations and establish the importance of self-respect and respect for others. It discusses what children should do when subjected to sexual harassment. PLEASE NOTE: This resource contains some American content which may not be applicable in Canada.

Components:

- one videotape
- one teacher's manual

Grade Level:
Staff Development Resource (General)

***Restitution: Restructuring School Discipline* (2nd revised edition) (1994, 1996)**
Diane Chelsom Gossen

Topics: restitution, responsibility
Audience: educators, parents
ISBN: 0-944337-36-8 (Book), 0-944337-19-8 (Facilitator's Guide)
Publisher: New View Publications
Place of Publication: Chapel Hill, NC
Distributor: Irwin Publishing

This resource offers an approach to discipline that recognizes young children make mistakes and when they do, they have the opportunity to take responsibility, choose more effective behaviour and create positive solutions. The facilitator's guide expands on the text and provides guidelines for designing and conducting a staff development program.

Grade Level:
Grades 10–12

***Review of the Individual's Rights Protection Act* (1993)**
Alberta Civil Liberties Research Centre

Topics: individual rights, legislation
Audience: educators
ISBN: 1-896225-03-9
Publisher: Alberta Civil Liberties Research Centre
Place of Publication: Calgary, AB

This resource provides a comprehensive overview of Alberta human rights legislation. It compares provincial legislation across Canada with a particular focus on protections included in legislation elsewhere. PLEASE NOTE: This material should be critically examined as viewpoints and recommendations expressed may be controversial. This resource should not be used as a student resource unless students undertake an extensive critical examination of the beliefs presented.

Grade Level:
Grades 10–12

***Rights and Responsibilities in Canada: Navigating Through Alberta's Schools* (1996)**
Alberta Civil Liberties Research Centre

Topics: human rights, education, citizenship, law, societal institutions, societal change
Audience: educators, counsellors
ISBN: 1-896225-08-X
Publisher: Alberta Civil Liberties Research Centre
Place of Publication: Calgary, AB

In Alberta, children between the ages of six and 16 must go to school. There are five types of schools children may attend. They can go to a public school, a separate school, a private school, a charter school or be schooled at home. There are laws that govern each type of schooling. This report is a basic guide to laws and procedures in Alberta's schools. It covers such topics as choice of school system, attendance, discipline, working with teachers and principals, special needs and appealing decisions of school officials.

Grade Level:
ECS–Grade 12

***Safe and Caring Schools: Havens for the Mind — A Resource Guide for Parents and Teachers* (2000)**
Karen Virag

Topics: effect of violence on brain development and functioning, violence prevention
Audience: educators, parents
ISBN: 1–896370–47–0
Publisher: The Alberta Teachers' Association
Place of Publication: Edmonton, AB

This booklet explores the link between anxiety and fear, and impaired brain functioning. PLEASE NOTE: Statements in this resource, presented as fact, may or may not be evidence based. The bibliography is incomplete.

Available from the Learning Resources Centre (http://www.lrc.learning.gov.ab.ca/), Product Number 445503

Grade Level:
ECS–Grade 2

***Say Please!* (1996)**
Tony Mazzarella and Barbara Christesen

Topics: manners, consideration of others
Audience: students, educators
ISBN: 0–7805–4217–7 (Teacher's Guide)
Publisher: Sunburst Technology
Place of Publication: Pleasantville, NY

Through the humourous narrative of rhymes, *Say Please!* emphasizes the importance of manners to young children. The young boy portrayed in the video has everything except manners. The program relays the message that a world without manners, is no place to be and emphasizes the Golden Rule.

Components:

- one videotape
- one teacher's guide

Grade Level:
Grades 1–2

***School Safety* (1997)**
Nancy Loewen

Topics: safety, first aid, responsibility, cooperation
Audience: students, educators
ISBN: 1–56766–255–2
Publisher: The Child's World, Inc.
Place of Publication: Chanhassen, MN
Distributor: Knowbuddy Resources

School Safety discusses children's responsibility to practise safety sense at school. Topics include waiting for the bus, playing in the playground, practical safety rules and the Golden Rule.

Grade Level:
Grades 10–12

Topics: sexual harassment, communication, feelings, self-respect, law
Audience: students, educators, counsellors, administrators, parents
ISBN: 1–896225–16–0 (Guidebook), 1–896225–17–9 (Teacher's Manual)
Publisher: Alberta Civil Liberties Research Centre
Place of Publication: Calgary, AB

Sexual Harassment in School: Your Rights and Responsibilities (1997)

Alberta Civil Liberties Research Centre

This resource provides basic information about sexual harassment and relevant laws. It is intended for students and educators, and includes information on the following topics: statistics on sexual harassment in schools, types of sexual harassment, sexual assault, effects of sexual harassment, legal aspects of sexual harassment and the Alberta Human Rights and Citizenship Commission. *Sexual Harassment in School* is a straightforward document that answers many questions surrounding this sensitive subject. Teachers should preview this resource to judge its suitability for their particular students and community. PLEASE NOTE: This resource should not be used with students who have opted out of the sexuality units of the CALM and health curricula. This resource does not address the legal consequences for a person who makes false allegations or the impact of such an accusation on a falsely accused individual. Teachers should research and address this issue. Teachers should be aware that this resource may cause distress in students who have perpetrated or been victims of harassment. Teachers should consider each activity that includes sample scenarios to anticipate possible negative consequences, such as providing new ideas for harassment.

Components:

- one guidebook
- one teacher's manual

Grade Level:
Grades 7–12

Topics: teen violence, peer support, mediation, negotiation, leadership, conflict resolution, tolerance, cooperation, citizenship
Audience: students, educators
ISBN: 0–7805–4204–5 (Teacher's Guide)
Publisher: Sunburst Technology
Place of Publication: Pleasantville, NY

Stop the Violence! (1996)

Rebecca Goalby and Diane DeAnda

Stop the Violence! presents an overview of the problem of violence as it impacts adolescents. It offers realistic techniques for avoiding violence in a variety of true-to-life situations and shows intervention programs in action. This fast-paced program interviews teens from several high schools with successful violence prevention and mediation training programs. It includes strategies students can use to protect themselves and resolve conflicts peacefully. The role-play presentation provides a touch of reality.

Components:

- teacher's guide
- one videotape

Grade Level:
Grades 8–12

Straight Talk: Alcohol and Other Drugs (1992, 1993)
Attainment Company, Inc.

Topics: drug abuse, law, setting goals, citizenship
Audience: counsellors, educators, students
Publisher: Attainment Company, Inc.
Place of Publication: Verona, WI
Distributor: Insight Media Centre Ltd. or Canadian Learning Company, Inc.

Straight Talk features the frank testimonials of 19 teens with significant chemical abuse issues. The teenage participants range in age from 13–22. This is the straight story from young people who have been there. This video series is fast paced and uses a quick-cut editing style aimed at teens.

Components:
- three, 30-minute videotapes: *Starting Early*, *Hitting Rock Bottom*, *Getting Straight*
- a discussion guide

Grade Level:
Grades 10–12

Straight Talk II: Violent Times (1996)
Attainment Company, Inc.

Topics: youth violence, abuse, conflict resolution, cooperation, anger, negotiation, mediation, communication, feelings
Audience: students, educators, counsellors
ISBN: 0–934731–54–3 (A Time of Rage), 0–934731–55–1 (A Time of Grief), 0–934731–56–X (A Time for Healing)
Publisher: Attainment Company, Inc.
Place of Publication: Verona, WI
Distributor: Insight Media Centre Ltd.

Straight Talk II: Violent Times features the frank testimonials of 13 teens who have been exposed to violence in their daily lives. Some are perpetrators, some victims and some, witnesses. Many were victimized early in life and acted out violently themselves as they entered their teens. Now they are learning to cope with their past and prepare for a positive future. The series includes three, 25-minute videotapes: *A Time of Rage*, *A Time of Grief* and *A Time for Healing*. PLEASE NOTE: There is use of some stereotypical/derogatory terms for Aboriginal peoples.

Components:
- three videotapes

Grade Level:
Staff Development Resource (General)

***The Alberta Juvenile Firesetter Handbook and Resource Directory* (1993)**
Mahendra S. Wijesinghe

Topics: arson, environment, behaviour management, mental health, law
Audience: educators, counsellors, parents
ISBN: 0-7732-1658-8
Publisher: Fire Commissioner's Office, Client Services Division, Alberta Labour
Place of Publication: Edmonton, AB

Fires started by children and youth have become a serious problem in Canada. Each year in Alberta, fires set by juveniles take a tremendous toll in property losses, personal injuries and deaths. This resource provides a coordinated approach toward a solution. *The Juvenile Firesetter Handbook and Resource Directory* was developed by the provincial Fire Commissioner's office. It helps professionals and parents deal with this serious issue by providing a perspective for understanding and strategies to prevent as well as intervene in juvenile firesetting. Agencies and professionals available to assist teachers and parents are also listed.

Grade Level:
Grades 7–9

***The Library of Social Activism Series: Working Together Against School Violence* (1996)**
Sheila Klee

Topic: school violence
Audience: students, educators
ISBN: 0-8239-2262-6
Publisher: The Rosen Publishing Group, Inc.
Place of Publication: New York, NY
Distributor: Saunders Book Company

This book shows students how to take action to reduce the incidence of violence at school. It examines actions that organizations and individuals have taken in the past and continue to take. PLEASE NOTE: Teachers should stress safety, supplement the resource with portrayals of Aboriginal peoples and Canadian content, and provide parents with information regarding their children's involvement in activism.

Grade Level:
Staff Development Resource (Elementary)

***TRIBES: A New Way of Learning and Being Together* (1995)**
Jeanne Gibbs

Topics: cooperative learning, social learning
Audience: educators
ISBN: 0-932762-09-3
Publisher: CentreSource Systems
Place of Publication: Sausalito, CA
Distributor: Irwin Publishing

This book is about honouring each person's uniqueness and respecting the intelligence of children. PLEASE NOTE: This resource contains some American references. Some activities may be inappropriate or controversial because of their concept or language (I Love You, Honey, A Funeral for Put-downs, Shuffle Your Buns) and some because of the nature of the activity (Hug Tag, The Lap Game, Skin the Snake).

Grade Level:
ECS–Grade 3

Topic: behaviour management
Audience: students, educators
Publisher: Learner Managed Designs, Inc.
Place of Publication: Lawrence, KS
Distributor: Magic Lantern Communications Ltd.

Understanding and Managing Behaviour of Young Children (1994)

School of Nursing, University of Colorado

Most young children occasionally present behaviour problems, however some children exhibit severe behaviour difficulties that interfere with learning and building positive interpersonal relationships. This program explores causes of challenging behaviour in young children and helps teachers and parents intervene effectively. It emphasizes observation as a technique for understanding behaviour and demonstrates positive ways to provide structure and minimize the effect of upsetting situations.

Grade Level:
Grades 7–9

Topics: sexual harassment, student behaviour
Audience: students, educators, parents
Publisher: National Film Board of Canada
Place of Publication: Montreal, QC

Unsuitable Actions (1997)

National Film Board

This documentary/drama explores issues surrounding appropriate and inappropriate behaviour for junior high school students, with a focus on sexual harassment. It helps identify inappropriate behaviour by revealing some forms sexual harassment can take, and discusses the frustration, pain and academic interference it can cause.

Grade Level:
Staff Development Resource (General)

Topics: youth violence, sexual assault and harassment, law, gangs, bullying, teasing, conflict resolution, cooperation, anger, negotiation, mediation
Audience: educators, counsellors, administrators, parents
ISBN: 0–920315–62–3
Publisher: Canadian Education Association
Place of Publication: Toronto, ON

Violence in the Schools: Programs and Policies for Prevention (1993)

Jyl MacDougall

This report provides practical examples of policies and programs being used in Canadian schools to reduce violence. It discusses youth gangs, violence against teachers and students, bullying, sexual harassment and sexual assault. Combating the complex issue of violence in schools requires support, and the programs outlined in this report provide educators with advice and help.

Grade Level:
Grades 7–12

Topics: teen violence, conflict resolution, anger, gangs, respect, tolerance, responsibility, abuse, law
Audience: students, educators, counsellors, administrators
ISBN: 1–56007–334–9 (Resource Guide)
Publisher: Chariot Productions / United Learning, Inc.
Place of Publication: Niles, IL
Distributor: Kineticvideo.com

Violence Prevention: Inside/Out (1993)
United Learning, Inc.

This program explores the subject of violence — how it starts, how it affects people, and how to prevent it at home, school and in the community. Honest, straightforward interviews with young people in juvenile detention centres, treatment programs, schools and on the street offer a graphic picture of the cycle of violence as it manifests itself in a variety of situations — domestic, sexual, gang-related and institutional. The program is useful to teach anger management to adolescents. PLEASE NOTE: This resource should be previewed first for appropriateness. Teachers are encouraged to show the video component of this resource only after considering the suggestions and information provided in the resource guide. This resource includes some aspects of sexuality which may be problematic if used with students who have opted out of the sexuality unit of the health and CALM curricula. There may also be privacy issues with the use of blackline masters.

Components:
- one videotape
- one resource guide
- student worksheets

Grade Level:
Staff Development Resource (General)

***Developing Character in Students: A Primer for Teachers, Parents, and Communities* (1994)**
Philip Fitch Vincent

Topics: character education, morals, values, respect, motivation, leadership
Audience: educators, administrators, counsellors, parents
ISBN: 0–944337–20–1
Publisher: New View Publications
Place of Publication: Chapel Hill, NC
Distributor: Irwin Publishing

This book is a call for educators and parents to refocus school programs on the development of good character in students. The author argues that effective character education should proceed from the philosophical traditions of Plato and Aristotle, with an emphasis on intellectual skills and the acquisition of good habits. Universally valued are the traits of respect, responsibility and caring. These are the essential ingredients of good character.

Grade Level:
Staff Development Resource (General)

***Eleven Principles of Effective Character Education* (1997)**
Thomas Lickona and Catherine Lewis

Topics: character education, morals, values, respect, motivation, leadership
Audience: parents, educators, administrators, counsellors, community
ISBN: 1–887943–13–7
Publisher: National Professional Resources, Inc.
Place of Publication: Port Chester, NY

This video presents a comprehensive guide to the development and assessment of character education programs in schools. It provides a compelling review of the critical principles essential to programs of this nature. School visits are made to quality character education programs so that the viewer is provided with practical examples. This is an invaluable resource for schools that are developing or assessing their character education initiatives.

Grade Level:
ECS–Grade 2

Topics: assertiveness, self-esteem, self-respect, communication, feelings, working with others, values
Audience: students, educators
ISBN: 0-7805-4243-6 (Teacher's Guide)
Publisher: Sunburst Technology
Place of Publication: Pleasantville, NY

It's Okay to Say No (1996)

Tony Mazzarella and Barbara Christesen

It's Okay to Say No helps young children recognize that they have the right to stand up for themselves when being pressured to do something they don't want to do. With a teenage narrator and on-screen discussion questions to reinforce the points made, specific assertiveness techniques teach viewers to say "no." A teacher's guide is included.

Components:

- one videotape
- one audiocassette
- one teacher's guide

Grade Level:
ECS–Grade 6

Topics: emotional intelligence, self-control, self-esteem, problem solving, respect, thinking skills
Audience: educators, counsellors, parents
Publisher: Developmental Research and Programs, Inc.
Place of Publication: Seattle, WA

PATHS: Promoting Alternative Thinking Strategies (1994)

Carol A. Kusché and Mark T. Greenberg in collaboration with Lisa K. Anderson, Rosemary Calderon, Ruth N. Gustafson, Christa Turksma, JoAnn Campbell and Elizabeth Anne Coady

PATHS is a program for educators designed to facilitate the development of self-control, positive self-esteem, emotional awareness and interpersonal problem-solving skills. The curriculum consists of 199 lessons and was developed for use with elementary-age children, including students with special needs. The purpose of *PATHS* is to enhance social and emotional competence and understanding in children, and develop a caring prosocial context that facilitates educational processes in the classroom.

Components:

- one instructor's manual
- six curriculum manuals
- set of photographs
- set of cards
- wall chart
- posters
- one turtle puppet
- one turtle stamp

Grade Level:
Grades 7–12

***R-E-S-P-E-C-T!* (1996)**
Ruth Grossman

Topics: respect, tolerance, communication, acceptance
Audience: students, educators, counsellors
ISBN: 0-7805-4237-1 (Teacher's Guide)
Publisher: Sunburst Technology
Place of Publication: Pleasantville, NY

This program challenges young people to think critically about the role of respect in their lives and in society. Four basic issues are reviewed: respect for oneself, for authority, for rules and for other people's opinions. The vignettes quickly engage viewers' critical-thinking faculties and are followed with discussion questions.

Components:
- one teacher's guide
- one videotape

Grade Level:
Grades 5–9

***Respect and You* (1995)**
Ellin Holohan, Judy Levin and Judy Davis

Topics: respect, conflict resolution
Audience: students
ISBN: 0-7805-4187-1 (Teacher's Guide)
Publisher: Sunburst Technology
Place of Publication: Pleasantville, NY

Respect for self and others is what builds tolerance, develops sympathy and creates caring relationships. Using realistic scenarios and discussion, this program challenges viewers to think critically about the issues involved in respect for property, for authority, for other people's ideas and for differences.

Components:
- one teacher's guide
- one videotape

Grade Level:
Grades 7–12

***Respect: Keep It Real* (1996)**
Doug Watson, Lorna Green and Olugbemisola Amusa-Shonubi

Topics: respect, communication, tolerance
Audience: students, educators
ISBN: 0-7805-4227-4 (Teacher's Guide)
Publisher: Sunburst Technology
Place of Publication: Pleasantville, NY

Respect: Keep It Real encourages students to respect the rights and needs of others. It sets the stage for thought-provoking discussion questions through dramatic vignettes showing teenagers' experiences. It explains how giving respect increases self-respect and helps teens gain control over their lives.

Components:
- one teacher's guide
- one videotape

Grade Level:
Grades 1–6

***Teach Them to be Happy* (revised edition) (1993)**
Robert A. Sullo

Topics: appropriate self-gratification, values, communication, feelings, rights and responsibilities, needs versus wants
Audience: educators, parents, counsellors
ISBN: 0–944337–17–1
Publisher: New View Publications
Place of Publication: Chapel Hill, NC
Distributor: Irwin Publishing

Happy children become good students and develop into responsible, independent adults. The author shows parents and educators how to teach control theory to very young people in a way that is fun and useful. Responsibly meeting basic needs is critical in developing a positive self-concept and good, strong relationships in life. *Teach Them to be Happy* helps children acquire skills to help them determine what they want and how to get what they need.

Grade Level:
ECS–Grade 12

***Volunteer Mentorship Program* (1999)**
The Alberta Teachers' Association

Topic: mentorship
Audience: educators
Publisher: The Alberta Teachers' Association
Place of Publication: Edmonton, AB

This video portrays programs in which adults from the community work with children to help them develop various skills.

Available from the Learning Resources Centre (http://www.lrc.learning.gov.ab.ca/), Product Number 445602

Grade Level:
ECS–Grade 12

***Volunteer Mentorship Programs: A Practical Handbook* (1999)**
Julia Ellis and Jan Small-McGinley

Topic: mentorship
Audience: educators
ISBN: 1–896370–39–X
Publisher: The Alberta Teachers' Association
Place of Publication: Edmonton, AB

This handbook explains how to set up programs in which adults serve as mentors to school-aged children. It comes with a 3.5" computer disk containing the appendices items.

Available from the Learning Resources Centre (http://www.lrc.learning.gov.ab.ca/), Product Number 445595

Grade Level:
Grades 1–3

Topics: respect, cooperation, tolerance and understanding, environment, rules
Audience: students, educators
ISBN: 0-7805-4210-X (Teacher's Guide)
Publisher: Sunburst Technology
Place of Publication: Pleasantville, NY

What's Respect? (1995)

Tony Mazzarella and Courtney Silk

In this video, one boy learns about respect—respect for teachers, for property, for rules, for differences in opinions and abilities, and for the environment. The program exemplifies that respect is the best way to get along with others.

Components:

- one videotape
- two audiocassettes
- one poster
- one teacher's guide
- one booklet of handouts

Respecting Diversity and Preventing Prejudice

Grade Level:
Grades 10–12

Topics: racism, discrimination, prejudice, rights and responsibilities, law, communication, feelings, acceptance, tolerance and understanding
Audience: students, educators
Publisher: Indignant Eye Productions, in consultation with the Toronto Board of Education
Place of Publication: Toronto, ON
Distributor: Moving Images Distribution

Colour Blinds (1996)
Glen Richards

Flyers promoting "white rights" with the heading "keep it pure" appear in school lockers and a clash of opinions ensues. This short drama, based on an actual incident that occurred in a Canadian high school, presents a compelling look at racism. The story is told from the perspective of a student concerned about her friend Jake who has recently developed an attraction to a group of neo-nazi youth. Jake's unstable home and angry feelings leave him vulnerable to the racist youth movement. He finds himself drawn to the music, clothing and ideals popularized by these intolerant youth and pulls away from his former friends who are rallying against this disturbing movement. PLEASE NOTE: Teachers should use the ideas suggested in the discussion guide. Teachers should also preview the web sites identified in the discussion guide before having students access them.

Components:
- one videotape
- one discussion guide

Grade Level:
Grades 9–12

Topics: fetal alcohol syndrome, drinking alcohol during pregnancy
Audience: parents, educators, community
Publisher: Kanata Productions in co-production with the National Film Board of Canada and the Canadian Broadcasting Corporation
Place of Publication: Montreal, QC
Distributor: National Film Board of Canada

David with F.A.S.: A Story of Fetal Alcohol Syndrome (1996)
Kanata Productions in co-operation with the National Film Board of Canada and the Canadian Broadcasting Corporation

This video focuses on the human experience of fetal alcohol syndrome. A 21-year-old victim, David Vanderbrink, is shown coping with the serious consequences of F.A.S. This personal portrayal illustrates David's internal struggles while his adoptive family reach out to help and advocate for him.

Grade Level:
ECS–Grade 3

Topics: acceptance, tolerance, communication
Audience: students, educators
Publisher: Family Communications, Inc.
Place of Publication: Pittsburgh, PA
Distributor: Canadian Learning Company, Inc.

Different and the Same (1995)
Family Communications, Inc.

Helping children deal with issues of prejudice and discrimination takes time and patience. *Different and the Same* is a resource to help children face and resolve problems, grow in understanding and respect for others and themselves, and advocate for fairness, equity and inclusion. The strategies discussed include collaboration, responsibility, feelings and reconciliation. The four goals of *Different and the Same* form the acronym FAIR—fairness, awareness, inclusion and respect.

Components:
- one teacher's guide
- four videotapes: *Sticks and Stones* (name-calling), *Play Ball* (stereotyping), *The Club* (standing up against prejudice), *Words on the Wall* (hate crimes)

Grade Level:
Grades 9–12

Topics: discrimination, prejudice, rights and responsibilities, law, communication, feelings, acceptance, tolerance and understanding
Audience: students, educators
Publisher: Alberta Civil Liberties Research Centre
Place of Publication: Calgary, AB

Discrimination, Human Rights and You (1997)
Alberta Civil Liberties Research Centre

This resource provides an overview of human rights law. With scenarios portrayed on the videotape and in the user's guide, issues of discrimination and human rights are reviewed in a concise manner.

Components:
- one videotape
- one user's guide

Grade Level:
Grades 10–12

***Elder Abuse* (1994)**
Les Productions Adlé, Inc.

Topics: elder abuse, respect, abuse (physical, psychological, financial), violation of rights, neglect, privacy
Audience: students, educators, counsellors
Publisher: Les Productions Adle, Inc.
Place of Publication: Montreal, QC
Distributor: Vidéographe

This video can be used as a tool to sensitize and provide public awareness on elder abuse. It was made possible through the revelations of a 75-year-old widower who was subjected to abuse by his own family, in particular his daughter. PLEASE NOTE: Activity D, b) on page 13 may be considered an invasion of privacy. Teachers should avoid discussing actual cases.

Components:

- one videotape
- one animation guide

Grade Level:
Grades 10–12

***Freedom of Expression: Hate Literature* (1995)**
Edwin W. Webking

Topics: freedom of expression, hate literature, discrimination, prejudice, tolerance and understanding, acceptance, rights and responsibilities, law
Audience: educators, counsellors
ISBN: 1-896225-06-3
Publisher: Alberta Civil Liberties Research Centre
Place of Publication: Calgary, AB

Federal and provincial legislation promotes respect for the equality and dignity of all Canadians. It is intended to protect Canadians from discrimination in specific areas, such as race, religion, gender and disability. When expressions of hatred are directed against people on the basis of these characteristics, it may appear freedom of expression is pitted against protection of the equality and dignity of all Canadians. This report examines the status in law of hate literature as it relates to freedom of expression. PLEASE NOTE: This material should be critically examined as some viewpoints and recommendations may be controversial. This resource should not be used as a student resource unless students undertake an extensive critical examination of the beliefs presented.

Grade Level:
Grades 10–12

HIV — Infection in the Workplace: Employment and the Individual's Rights Protection Act (1995)
Alberta Civil Liberties Research Centre

Topics: HIV, sexually transmitted diseases, health, human sexuality, substance abuse, law, rights and responsibilities
Audience: educators, counsellors
ISBN: 1-896225-05-5
Publisher: Alberta Civil Liberties Research Centre
Place of Publication: Calgary, AB

The human immunodeficiency virus (HIV) is one of the most controversial and feared viruses of modern times. Striking parallels may be drawn between AIDS and leprosy with regards to society's response to these two very different diseases. The text sets out the application of Alberta's human rights legislation to employees and applicants who are perceived to be HIV positive or who are HIV positive. PLEASE NOTE: This material should be critically examined as some viewpoints and recommendations may be controversial. This resource should not be used as a student resource unless students undertake an extensive critical examination of the beliefs presented.

Grade Level:
Grades 10–12

Last Dance: Murder in Canada (1994)
Simon Fraser University

Topics: murder, family violence, substance abuse, unemployment, poverty, mental illness, law
Audience: students, educators, counsellors
Publisher: Simon Fraser University
Place of Publication: Burnaby, BC
Distributor: Canadian Learning Company, Inc.

A factual approach is taken in this compelling study of murder in Canada. How has the face of murder evolved? Who murders? Who are the victims? What motivates a killer? The findings may be surprising. PLEASE NOTE: Teachers should preview this video to judge its suitability. This video contains some inappropriate language and a bias toward reduced sentences for murderers. Some Aboriginal portrayals may be controversial.

Grade Level:
Grades 10–12

Prejudice: The Monster Within (1996)
Jeffrey Golden, Liza DePrima and Paul Synnes

Topics: discrimination, prejudice, rights and responsibilities, law, communication, feelings, acceptance, tolerance and understanding
Audience: students, educators
ISBN: 1-55933-195-X (Teacher's Resource Guide)
Publisher: Knowledge Unlimited, Inc.
Place of Publication: Madison, WI

This program focuses on the evils of prejudice and the hurt it can cause. Students discuss how prejudice has hurt them. The program also explores examples of prejudice throughout human history. The program concludes with student commentary on how prejudice can be overcome.

Components:
- one videotape
- one teacher's resource guide

Grade Level:
Grades 10–12

Topics: sexual harassment, communication, feelings, self-respect, law
Audience: students, educators, counsellors
Publisher: Churchill Media
Place of Publication: Van Nuys, CA
Distributor: Visual Education Centre

Sexual Harassment: A Teen Perspective (1996)
Churchill Media

This video is designed to enlighten teens and aid them in examining the difficult and sensitive subject of sexual harassment. There are two videos included. The first is *The Abuse of Power* which focuses on harassment in the school system. Two teens describe what sexual harassment is, the forms it takes, how it makes the victim feel, and why it needs to be reported and dealt with. The second video is *Preventing Sexual Harassment* which shows two teens trying to answer a most difficult question—How does one know if sexual actions are harassment or harmless flirting? PLEASE NOTE: This video should not be shown to students who have opted out of the sexuality units of the CALM and health curricula. Teachers should provide information and/or activities to increase student awareness that unintended sexual harassment has much to do with cultural perceptions. Teachers could also offer activities that provide unintentional harassers with options for behaviour. There may be some controversy regarding the video's view of flirting. Teachers should critically examine the language and concepts expressed.

Managing Anger and Preventing Bullying

Grade Level:
Grades 5–8

***Anger! Handle It Before It Handles You* (1994)**
***Conflict! Think About It. Talk About It. Try to Work It Out* (1994)**
Johnston Institute

Topics: anger, bullying, teasing, conflict resolution, cooperation, communication, feelings
Audience: students, educators, administrators, counsellors
Publisher: Johnson Institute
Place of Publication: Minneapolis, MN
Distributor: Kineticvideo.com

Students discover what violence is, how it hurts people and how managing anger prevents violence. Students learn to use "I" statements to express anger safely and appropriately, and learn steps to manage their anger or aggressive feelings. PLEASE NOTE: Some community members may not approve of the concept of learning about anger from a video game in an arcade.

Components:

- one videotape
- two facilitator's guides

Grade Level:
Staff Development Resource (Grades 9–12)

***Anger Management for Youth: Stemming Aggression and Violence* (1994)**
Leona L. Eggert

Topics: anger, conflict resolution, acceptance, respect, feelings, communication, law
Audience: educators
ISBN: 1-879639-29-7
Publisher: National Educational Service
Place of Publication: Bloomington, IN

This resource conceptualizes anger as a stimulus response on three levels: cognitive, feelings and behavioural. It incorporates small-group instruction and a life-skills training component. It provides information on starting up, group selection and sessional interventions. Teaching modules include getting to know anger, taking control of responses and applying anger control. PLEASE NOTE: There may be concern with a guided imagery exercise.

Grade Level:
Grades 10–12

Topic: bullying
Audience: educators, students, parents
Publisher: Project Ploughshares Calgary
Place of Publication: Calgary, AB

***Anti Bullying Curriculum Materials, Social Studies, Grades 10, 11, 12* (1999)**
Stephen Brown

This resource includes bully, victim, bystander and peacemaker characteristics and perspectives. It provides teachers with teaching strategies, such as debate, research and book report topics, a study of Nobel Peace prize winners and position-paper analyses. It illustrates how people can actively promote nonviolent problem solving. Alberta's high school social studies curriculum is integrated.

Available from the Learning Resources Centre (http://www.lrc.learning.gov.ab.ca/), Product Number 445553

Grade Level:
Grades 4–6

Topics: anger, bullying, teasing, conflict resolution, cooperation, communication, feelings
Audience: students, educators, counsellors
Publisher: James Stanfield Publishing Company, Inc.
Place of Publication: Santa Barbara, CA

***BeCool: Coping with Difficult People — Coping with Anger/Other, Module 4* (1995)**
James Stanfield Publishing Company, Inc.

Dealing with anger is a challenging task for many. Angry actions can elicit extreme reactions from others, ranging from social withdrawal to aggression. Managed well, anger can lead to positive changes in behaviour. This two-part module helps students deal with their own anger and the anger of others. Students have the opportunity to discuss and practise strategies to deal with anger. A four-step approach in expressing anger is provided.

Components:
- three videotapes
- one teacher's guide

Grade Level:
Grades 7–9

Topics: anger, bullying, teasing, conflict resolution, cooperation, communication, feelings
Audience: students, educators, counsellors
Publisher: James Stanfield Publishing Company, Inc.
Place of Publication: Santa Barbara, CA

***BeCool: Coping with Difficult People — Coping with Anger/Other, Module 4* (1997)**
James Stanfield Publishing Company, Inc.

See annotation above.

Components:
- three videotapes
- one teacher's guide

Grade Level:
ECS–Grade 2

Topics: bullying, teasing, anger, feelings
Audience: students, educators, counsellors
Publisher: James Stanfield Publishing Company, Inc.
Place of Publication: Santa Barbara, CA

***BeCool: Coping with Difficult People — Coping with Bullying, Module 3* (1995)**
James Stanfield Publishing Company, Inc.

Dealing with bullying is a difficult task for most young children. Handled ineffectively, bullying can cause severe distress and may lead to physical injury and/or social withdrawal. Managed well, the negative impacts of bullying can be minimized and eliminated. The *BeCool* program demonstrates methods for young children to deal effectively with bullying. By watching George and his friends experience believable situations of victimization from unknown bullies, viewers learn how to handle bullying.

Components:
- three videotapes
- one teacher's guide

Grade Level:
Grades 3–6

Topics: bullying, teasing, anger, feelings
Audience: students, educators, counsellors
Publisher: James Stanfield Publishing Company, Inc.
Place of Publication: Santa Barbara, CA

***BeCool: Coping with Difficult People — Coping with Bullying, Module 3* (1995)**
James Stanfield Publishing Company, Inc.

See annotation above.

Components:
- three videotapes
- one teacher's guide

Grade Level:
Grades 7–9

Topic: bullying
Audience: students
ISBN: 1-896370-74-8
Publisher: The Alberta Teachers' Association
Place of Publication: Edmonton, AB

***Beyond Bullying: A Booklet for Junior High School Students* (1999)**
Niki Wosnack and Sue Waring

This booklet discusses what students should do if they are being bullied or see someone else being bullied.

Available from the Learning Resources Centre (http://www.lrc.learning.gov.ab.ca/), Product Number 445470

Grade Level:
Grades 7–9

Topic: bullying
Audience: educators, parents
ISBN: 1-896370-76-4
Publisher: The Alberta Teachers' Association
Place of Publication: Edmonton, AB

***Beyond Bullying — What You Can Do to Help: A Handbook for Parents and Teachers of Junior High Students* (1999)**
Niki Wosnack, Sue Waring, Emilie Keane and Doug Chase

This booklet defines bullying behaviours and suggests strategies that parents and teachers can use to deal with it.

Available from the Learning Resources Centre (http://www.lrc.learning.gov.ab.ca/), Product Number 445488

Grade Level:
Grades 4–6

Topics: bullying, teasing, anger, acceptance, tolerance and understanding, communication, feelings
Audience: students, educators
Publisher: Meridian Education Corporation
Place of Publication: Bloomington, IL
Distributor: McIntyre Media Inc.

***Bully Breath — How to Tame a Troublemaker* (1997)**
Meridian Education Corporation

This video, with accompanying user's guide, encourages students to talk about bullying. The program offers good reasons for bullies to stop treating others badly. It provides response techniques victims can use to stop a bully in his or her tracks.

Components:

- one videotape
- one user's guide

Grade Level:
Grades 1–3

Topic: bullying
Audience: educators, parents
ISBN: 1-896370-03-08
Publisher: The Alberta Teachers' Association
Place of Publication: Edmonton, AB

***Bullying: What You Can Do About It: A Guide for Parents and Teachers of Primary Level Students* (1998)**
Niki Wosnack

This booklet contains tips to help teachers and parents identify and respond to children who are the victims of bullying.

Available from the Learning Resources Centre (http://www.lrc.learning.gov.ab.ca/), Product Number 445454

Grade Level:
Grades 1–3

Topic: bullying
Audience: students
ISBN: 1–896370–03–09
Publisher: The Alberta Teachers' Association
Place of Publication: Edmonton, AB

***Bullying — What You Can Do About It: A Guide for Primary Level Students* (1998)**
Niki Wosnack

This booklet contains stories and exercises to help children deal with bullies and stop bullying others.

Available from the Learning Resources Centre (http://www.lrc.learning.gov.ab.ca/), Product Number 445397

Grade Level:
Grades 4–6

Topic: bullying
Audience: students, parents
ISBN: 1–896370–86–1
Publisher: The Alberta Teachers' Association
Place of Publication: Edmonton, AB

***Bullying: What You Can Do About It: A Guide for Upper Elementary Students and Their Parents* (1999)**
The Alberta Teachers' Association

This booklet is directed at students who are victims, witnesses or perpetrators of bullying, and their parents. It includes ways to stop bullying, things children can do to help victims of bullying and ways bullies can change their behaviour. PLEASE NOTE: The comment regarding zero tolerance for bullying (page 10) contradicts the cautions provided in the junior and senior high school resources in this same series regarding the simplistic nature of a zero-tolerance policy.

Available from the Learning Resources Centre (http://www.lrc.learning.gov.ab.ca/), Product Number 445321

Grade Level:
Grades 10–12

Topic: bullying
Audience: educators, parents
ISBN: 1–896370–72–1
Publisher: The Alberta Teachers' Association
Place of Publication: Edmonton, AB

***Bullying and Harassment: Everybody's Problem: A Senior High Staff and Parent Resource* (2000)**
Niki Wosnack and Sue Waring

This booklet provides advice on how to deal with bullying.

Available from the Learning Resources Centre (http://www.lrc.learning.gov.ab.ca/), Product Number 445496

Grade Level:
Staff Development Resource (ECS–Grade 6)

***Bullying at School: Strategies for Prevention* (1994)**
Ruth Grossman and Kathleen Cochran

Topics: bullying, teasing, conflict resolution, anger, communication, respect, tolerance and understanding
Audience: educators, administrators, counsellors
ISBN: 0–7805–4222–3 (Teacher's Guide)
Publisher: King Squire Films Ltd. in collaboration with the Toronto Board of Education
Place of Publication: Toronto, ON
Distributor: Sunburst Technology

This program is designed to help administrators and teachers explore ways to create a school culture and climate in which bullying is not allowed and all students feel safe. The video presents the strategies and activities that one school system devised to promote respect and understanding among students. It airs students' views and can act as a springboard for discussion between teachers and other school personnel.

Components:
- one binder (teacher resource and student worksheets)
- one videotape

Grade Level:
Grades 1–6

***Bullying in Schools: What You Can Do About It: A Teachers Guide* (1999)**
The Alberta Teachers' Association

Topic: bullying
Audience: educators
ISBN: 1–896370–84–5
Publisher: The Alberta Teachers' Association
Place of Publication: Edmonton, AB

This booklet describes strategies that teachers can use to stop bullying in schools.

Available from the Learning Resources Centre (http://www.lrc.learning.gov.ab.ca/), Product Number 445339

Grade Level:
Grades 10–12

***Bullying is Everybody's Problem — Do You Have the Courage to Stop it? A Resource for Senior High Students* (1999)**
Niki Wosnack and Sue Waring

Topic: bullying
Audience: students
Publisher: The Alberta Teachers' Association
Place of Publication: Edmonton, AB

This pamphlet defines bullying and provides advice on how to respond to it.

Available from the Learning Resources Centre (http://www.lrc.learning.gov.ab.ca/), Product Number 445305 (sold in packages of 30)

Grade Level:
ECS–Grade 6

Topics: bullying, teasing
Audience: educators, students, parents
ISBN: 0–944584–99–3
Publisher: Sopris West
Place of Publication: Longmont, CO
Distributor: The Teachers' Book Depository

***Bully-Proofing Your School: A Comprehensive Approach for Elementary Schools* (1994–95)**
Carla Garrity, Kathryn Jens, William Porter, Nancy Sager and Cam Short-Camilli

Bullying behaviour in elementary school can easily turn into violence by middle or high school. This program is a preventative measure against this progression. It is designed to stop bullying at the elementary level to ensure a safer school environment—one which does not tolerate acts of physical or emotional aggression. It is within this type of safe and caring environment that children can learn.

Grade Level:
Grade 10–Adult

Topics: anger, bullying, teasing, conflict resolution, cooperation, communication, feelings
Audience: educators, students, parents, community
ISBN: 0–9681793–1–2
Publisher: SL Discovery Consulting Services Inc.
Place of Publication: St. Albert, AB

***Dealing with Anger* (revised edition) (1997)**
Sandy Livingstone

Dealing with Anger is a practical, user-friendly text. All people get angry at one time or another, but how they deal with and express their anger has an important impact on their personal and work relationships, as well as their physical health.

Grade Level:
ECS–Grade 7

Topics: bullying, collaboration
Audience: educators, administrators, students, parents, community
Publisher: British Columbia Ministry of Education and Ministry of Attorney General
Place of Publication: Victoria, BC
Distributor: Office Products Centre

***Focus on Bullying: A Prevention Program for Elementary School Communities* (1998)**
B.C. Ministry of Education and Ministry of Attorney General

This resource provides information on the nature of bullying, and the common myths and stereotypes associated with it. It contains recommendations for the collaboration of parents, teachers and students to develop a blueprint for troubled school communities. PLEASE NOTE: Teachers will need to research Alberta legislation and legal reporting procedures. A few of the suggested strategies for dealing with bullying may be problematic; e.g., ignoring someone may cause a student to block out a physically dangerous situation; pointing out the impact of bullying on others may increase bullying behaviour by reinforcing the bully's reasons for bullying; being assertive does not always result in being left alone. The story card on page 317 may give bullies new humiliating ideas to try out.

Grade Level:
ECS–Grade 2

Topics: anger, conflict resolution, cooperation, responsibility, rights
Audience: students, educators
ISBN: 0-7805-4100-6 (Teacher's Guide)
Publisher: Sunburst Technology
Place of Publication: Pleasantville, NY

I Get So Mad (1993)
Tony Mazzarella, Jeff and Caroline Thaler

When young children get angry, their strong feelings can propel them into inappropriate or destructive behaviour. *I Get So Mad* makes students aware that anger is a natural emotion that everyone experiences. It is not getting mad that matters, but what they decide to do with their anger that counts. This program offers children easy-to-understand ways to cope with anger.

Components:
- one videotape
- one audiocassette
- one teacher's guide
- one student activity sheet packet

Grade Level:
Grades 2–5

Topics: bullying, teasing, conflict resolution, anger, communication, respect, tolerance and understanding
Audience: students, educators
ISBN: 0-7805-4239-8
Publisher: Sunburst Technology
Place of Publication: Pleasantville, NY

No More Bullying! Strategies for Prevention (1996)
Kathleen Cochran and Ruth Grossman

This conflict-resolution program takes a serious look at the problem of bullying in schools. Students explore the dynamics of victimization, including the roles of bully, victim and onlookers. Students are provided with strategies to help them deal with bullying and harassment. The program emphasizes positive social skills and building self-esteem. Staff members are encouraged to face the problem and develop ways to counter bullying.

Components:
- four videotapes: *No More Teasing; Respect Yourself and Others, Too; How I Learned Not to be Bullied; Bullying at School: Strategies for Prevention* (Staff Development)
- one teacher's guide
- student print materials: 18 reproducible activity sheet masters, 14 project cards, 14 "what if" cards, 54 ungame cards
- two posters

Grade Level:
ECS

***Preschool Bullying: What You Can Do About It: A Guide for Parents and Caregivers* (2000)**
Janice Schroeder

Topics: bullying, teasing, conflict resolution
Audience: educators, parents
ISBN: 1–896370–71–3
Publisher: The Alberta Teachers' Association
Place of Publication: Edmonton, AB

This booklet provides advice to parents on what they can do if their children are being bullied or are bullying others.

Available from the Learning Resources Centre (http://www.lrc.learning.gov.ab.ca/), Product Number 445347

Grade Level:
ECS–Grade 3

***Quit It! A Teacher's Guide on Teasing and Bullying for Use with Students in Grades K–3* (1998)**
Merle Froschl, Barbara Sprung and Nancy Mullin-Rindler, with Nan Stein and Nancy Gropper

Topics: teasing, bullying, parent communication
Audience: educators, parents
ISBN: 0–931629–19–5 (EEC) and 0–8106–1881–8 (NEA)
Publishers: Educational Equity Concepts, Inc., Wellesley College Center for Research on Women and National Education Association
Place of Publication: New York, NY; Wellesley, MA and Washington, DC

This resource contains 10 lessons focused around three sequential themes: creating rules, talking about teasing and bullying, and exploring courage. Each lesson has activities geared to the developmental needs of students in ECS–Grade 3. Class discussions, role-plays, creative drawing, writing activities, physical games, exercises and connections to children's literature give students a vocabulary and a conceptual framework that allow them to understand the distinction between teasing and bullying. The resource also provides ideas for communicating with parents. PLEASE NOTE: The yoga exercise on page 85 could be problematic for some parents.

Grade Level:
Grades 5–9

***Student Workshop: Handling Your Anger* (1997)**
William Squier, Ronnie Halperin and Walter Simmons

Topics: conflict resolution, self-control
Audience: students
ISBN: 0–7805–4268–1 (Instructor's Manual)
Publisher: Sunburst Technology
Place of Publication: Windsor, ON

This kit is designed to teach anger-management skills to adolescents. Students learn to identify their anger triggers and cues, understand the consequences of their behaviour, express and manage anger effectively and constructively, and respond to anger directed at them.

Components:

- one instructor's manual
- one videotape

Grade Level:
Grades 2–5

***Student Workshop: What To Do About Anger* (1997)**
Tony Mazzarella, Ronnie Halperin and Walter Simmons

Topics: anger, conflict resolution, communication, feelings, respect, tolerance and understanding, values
Audience: students, educators, counsellors
ISBN: 0–7805–4251–7 (Teacher Resource)
Publisher: Sunburst Technology
Place of Publication: Pleasantville, NY

This kit is a hands-on workshop in anger-management skills designed to help children get along better with friends, family and adults. The program teaches students the difference between angry feelings and angry behaviours, how to handle anger by controlling how they act, and how to deal with angry energy in a safe, positive way.

Components:
- one binder (teacher resource and student worksheets)
- one videotape

Grade Level:
Staff Development Resource (Grades 5–9)

***Take Action Against Bullying* (1997)**
Gesele Lajoie, Alyson McLellan and Cindi Seddon

Topics: bullying, feelings, teasing, acceptance, tolerance, responsibility, citizenship
Audience: educators, administrators, counsellors, parents
ISBN: 0–9681619–0–1
Publisher: Bully B'ware Productions
Place of Publication: Coquitlam, BC

This resource educates, mobilizes and directly influences school communities to take action to reduce bullying in schools. The information presented helps school stakeholders deal effectively with the issue of bullying. It provides research, suggested activities, surveys and scenarios.

Components:
- one book
- one videotape

Grade Level:
Grades 1–6

***Teaching Self-control: A Curriculum for Responsible Behavior* (1997)**
Martin Henley

Topics: self-control, discipline, behaviour management, anger, acceptance, tolerance
Audience: educators, parents
ISBN: 1–879639–45–9
Publisher: National Educational Service
Place of Publication: Bloomington, IN

This book maintains that the solution to disruptive and violent behaviour is not found in punishment, but in educational experiences that develop the social skills students need to take control of, and responsibility for, their own actions. This resource helps educators teach students to control impulses, follow school routines, manage group situations, handle stress and solve social problems.

Grade Level:
Grades 1–6

Topics: bullying, teasing, conflict resolution, anger, communication, respect, tolerance and understanding
Audience: educators, students
Publisher: Institute for Stuttering Treatment and Research, University of Alberta
Place of Publication: Edmonton, AB

Teasing and Bullying: Unacceptable Behavior (2000)
Marilyn Langevin

This is a school/classroom based educational program to help elementary school children take responsible actions. It illustrates the experience of one child being teased about stuttering and another being teased about being overweight. The victims, bully and peers all become active participants in dealing with teasing and conflict resolution. The manual is outlined by units which include: *How it Feels to be Bullied and Why Students Don't Tell, Conflict Resolution Strategies for Dealing with Teasing and Other Kinds of Bullying, Building Positive Relationships and Mountains of Self-esteem, Classroom/School Rules and Consequences, Building Mountains of Self Confidence Through Problem Solving and Role Playing*, and *Stuttering and Other Differences*.

Components:

- one videotape
- one teacher's manual

Available from the Learning Resources Centre (http://www.lrc.learning.gov.ab.ca/), Product Number 440173

Grade Level:
Grades 5–9

Topics: bullying, feelings, teasing, acceptance, tolerance, responsibility, citizenship
Audience: educators, administrators, counsellors, students
ISBN: 1-879639-44-0
Publisher: National Educational Service
Place of Publication: Bloomington, IN

The Bullying Prevention Handbook: A Guide for Principals, Teachers, and Counselors (1996)
John H. Hoover and Ronald Oliver

This resource provides sound research to support a comprehensive approach that promotes prevention through education. Tools for intervention and solution-based techniques are provided for building empathy and compassion in pre-adolescent and adolescent children.

Grade Level:
Grades 5–9

***When You're Mad! Mad! Mad! Dealing with Anger* (1993)**
Susan Eikov Green and Ruth Grossman

Topic: anger
Audience: students
ISBN: 0–7805–4024–7 (Teacher's Guide)
Publisher: Sunburst Technology
Place of Publication: Pleasantville, NY

For middle school students, the loss of control that anger provokes is alarming and can undermine their self-esteem. This video helps students understand that anger is normal and helps them differentiate between angry feelings and angry behaviours. It shows students how to handle anger, control their behaviour and take positive steps. PLEASE NOTE: This resource should be used with exercises and activities that include people with disabilities and Aboriginal children.

Grade Level:
Grades 6–8

***Working Toward Peace: Managing Anger, Resolving Conflict, and Preventing Violence* (2nd edition) (1996)**
Lorraine Lee Morgan, Molly Laird, Susan Carroll Keister and Bruce Ahrens

Topics: anger, conflict resolution
Audience: students, educators, administrators
ISBN: 1–56095–149–4 (curriculum manual), 1–56095–150–8 (student book), 1–56095–168–0 (Canadian Administrator's Guide), 1–56095–152–4 (booklet)
Publisher: Lions-Quest Canada and Quest International
Place of Publication: Waterloo, ON and Newark, OH

This program teaches students to manage their anger, decrease the level of tension in conflicts, avoid conflicts that are trivial or dangerous, and use problem solving, listening skills and negotiation to resolve conflicts peacefully. The lessons are designed for integration into most subject areas. An optional one-day workshop is available. PLEASE NOTE: Teachers should be aware that this resource presents few people with disabilities. Students who have been traumatized might be distressed by examining the potentially dangerous situations in session three. The posters should be used only in conjunction with the other components of this resource.

Components:
- one curriculum manual
- one student book
- one Canadian administrator's guide
- one family resource booklet
- one set of four posters

Grade Level:
Grades 7–12

Topics: behaviour management, anger, acceptance, tolerance, communication, feelings
Audience: students, educators
Publisher: Attainment Company, Inc.
Place of Publication: Verona, WI
Distributor: Insight Media Centre Ltd. or Canadian Learning Company, Inc.

Working with Hostile and Resistant Teens (1993)
Attainment Company, Inc.

This video series consists of role-plays where at-risk teens are shown, in most cases, acting out their own personal histories. A school counsellor provides an analysis of each scenario, showing viewers how to work effectively with this challenging population. This staff-development series is appropriate for counsellors, therapists, educators, child care workers and parents who live or work with explosive teens.

Components:

- two videotapes: *Working with Hostile Teens, Working with Resistant Teens*

Working it Out Together

Grade Level:
Staff Development Resource (Upper Elementary)

Topics: grieving, loss, anger, communication, feelings
Audience: educators, counsellors
Publisher: Reunion Films
Distributor: Magic Lantern Communications Ltd.

***A Child's Grief* (1994)**
Reunion Films

Often, adults are unaware of how children express grief. This video offers a better understanding of how children deal with the loss of a loved one and provides a variety of ways to help grieving children. It contains dramatic and honest footage of a group of bereaved children.

Grade Level:
Staff Development Resource (General)

Topic: social skills
Audience: educators, counsellors, parents
Publisher: Exceptional Innovations, Inc.
Place of Publication: Reston, VA

***A Collaborative Approach to Teaching Social Skills* (1996)**
Cynthia L. Warger and Robert Rutherford, Jr.

This program focuses on the skills critical to success in school and daily life—listening, following directions, sharing resources, asking questions and solving conflicts. It is designed for educators working together on teams or as partners. It combines an instructional framework with a collaborative model and provides an effective, easy method for infusing social skills into the school day. This approach offers teachers total flexibility in planning and implementing lessons that are student-centred.

Components:
- one videotape
- one binder of training materials

Grade Level:
Grades 10–12

Topics: suicide, teen suicide, physical and mental health, acceptance, communication, feelings, help professions, conflict resolution
Audience: counsellors, educators, students
Publisher: Home Box Office
Place of Publication: New York, NY
Distributor: Visual Education Centre

A Deadly Secret: The Robert Bierer Story (1993)
HBO Project Knowledge

Robert Bierer did not recognize the signs of suicidal behaviour in Dale, his best friend. Dale began acting wildly and talking of suicide until depression finally took control of his life and he ended it. Robert shares his story to increase awareness about teenage suicide which has tripled over the past 20 years and is the leading cause of non-accidental death among America's teens. The program offers advice on what to do if a friend is clinically depressed.

Components:
- one videotape
- one study guide

Grade Level:
Grades 7–12

Topics: teen suicide, acceptance, tolerance, feelings, communication, respect, rights and responsibilities, law
Audience: educators, counsellors, administrators, parents
ISBN: 0–87822–336–3
Publisher: Research Press
Place of Publication: Champaign, IL

Adolescent Suicide — A School-Based Approach to Assessment & Intervention (1993)
William G. Kirk

This resource provides literature on adolescent suicide and is based on the assumption that knowledgeable intervention is key to remediation. It provides educators and caregivers with specific skills and information to assess suicidal potential accurately and intervene effectively.

Grade Level:
Grades 9–12

Topics: conflict resolution, cooperation, anger, negotiation, mediation, youth violence
Audience: students, educators, counsellors, administrators, parents
ISBN: 1-56007-375-6 (Resource Guide)
Publisher: United Learning
Place of Publication: Niles, IL
Distributor: Kineticvideo.com

***Alternatives to Violence: A Two-Part Program on Conflict Resolution, Negotiation and Mediation* (1994)**
United Learning

Children use what they see in their lives to construct their understanding of how people treat each other. In today's society, young people are exposed to more violence than ever before—on television, at home, in communities and in the world. Increasingly, youth have begun to see violence as an appropriate response to conflict. This resource is designed to help educators teach the concepts and skills students need to resolve conflicts productively rather than destructively.

Components:

- one videotape
- one resource guide
- one envelope of handouts

Grade Level:
Staff Development Resource (General)

Topics: relationship building, communication, conflict resolution, problem solving, values, self-control, reasoning
Audience: educators, administrators, counsellors, parents
ISBN: 0-944337-31-7
Publisher: New View Publications
Place of Publication: Chapel Hill, NC
Distributor: Irwin Publishing

***BRIDGES: Building Relationships & Resolving Conflicts* (1995)**
Joseph Hester

This book discusses building relationships and solving problems. Humans live and work with each other in dynamic, connected relationships and are dependent on one another. This resource examines communication barriers and how to overcome them. By internalizing the four basic styles of conflict, people are equipped to concentrate on resolution.

Grade Level:
Grades 4–8

Topic: values
Audience: students, educators
Publisher: Film Ideas, Inc.
Place of Publication: Wheeling, IL
Distributor: Canadian Learning Company

***Cheating, Lying and Stealing* (1993)**
Film Ideas, Inc.

This video portrays realistic situations in which children are given the opportunity to examine their own value systems. It encourages them to avoid negative decisions and the subsequently destructive consequences.

Grade Level:
Grades 1–12

Topic: problem solving
Audience: teachers
ISBN: 1-896370-78-0
Publisher: The Alberta Teachers' Association
Place of Publication: Edmonton, AB

Class Meetings for Safe and Caring Schools (1999)
Gene Gauthier, assisted by Charlotte Ruppel and Vicki Mather

This pamphlet explains how regular class meetings can help teachers and students work out conflicts before they become major problems. PLEASE NOTE: Teachers are advised to demonstrate, facilitate and reinforce the skills students require for successful participation in class meetings with a regard for individual student differences. Extroverted students, for example, may communicate in class meetings more than their introverted peers. The resource refers to Alfred Adler's psychological principles. While Alberta Learning supports the use of class meetings, the specific tenants of Alderian psychology are not necessarily endorsed. The use of the term "work on" (page 7) suggests the strategy prescribed is somewhat disrespectful and may well be perceived as a technique designed to manipulate compliance.

Available from the Learning Resources Centre (http://www.lrc.learning.gov.ab.ca/), Product Number 445587

Grade Level:
Staff Development Resource (ECS–Grade 6)

Topic: conflict resolution
Audience: educators, students
Publisher: Sunburst Technology
Place of Publication: Pleasantville, NY

Conflict Resolution: Elementary Grades (1995)
Kathleen Cochran

This resource places a strong emphasis on training elementary school teachers and their students to resolve conflict. The videotape features two schools with exemplary programs in conflict resolution. It demonstrates strategies for teaching conflict-resolution skills, such as active listening, brainstorming and problem solving. Peer mediation is also portrayed. The binder includes plans and handouts for teacher inservice sessions, as well as student information and activity sheets.

Components:
- one videotape
- one facilitator's manual
- staff handouts/activities
- student information sheets
- student activity sheets

Grade Level:
Staff Development Resource (Grades 5–12)

Conflict Resolution: Grades 5–12 (1992)
Judith Ruth Goldman and Kathleen Cochran

Topics: conflict resolution, self-control
Audience: educators, counsellors, parents
Publisher: Sunburst Technology
Place of Publication: Pleasantville, NY

This staff development program is designed to help teachers, counsellors and administrators understand the components of a successful conflict-resolution program. Two schools with exemplary programs—a high school and a middle school—provide models for expanding and evaluating existing programs or developing new programs. The kit provides plans, handouts and a videotape for a staff inservice training session.

Components:
- one instructor's manual
- one videotape

Grade Level:
Staff Development Resource (ECS–Grade 6)

Conflict Resolution: Primary Grades (1997)
Kathleen M. Cochran

Topics: conflict resolution, self-control
Audience: educators, counsellors, parents
ISBN: 0–7805–4270–3 (Instructor's Manual)
Publisher: Sunburst Technology
Place of Publication: Pleasantville, NY

This program helps educators understand basic conflict-resolution strategies and identify the particular needs of their schools and classrooms. It also suggests ways to approach this topic with students. The video demonstrates a school-based conflict-resolution program for young children. The guide provides plans for a workshop session using the video and handouts.

Components:
- one instructor's manual
- one videotape

Grade Level:
Grades 9–12

Coping with Post-Traumatic Stress Disorder (1997)
Carolyn Simpson and Dwain Simpson

Topics: post-traumatic stress disorder, acceptance, tolerance and understanding, stressors, trauma
Audience: students, educators, counsellors
ISBN: 0–8239–2080–1
Publisher: The Rosen Publishing Group, Inc.
Place of Publication: New York, NY
Distributor: Saunders Book Company

This book identifies the many events—abuse, violence, war and natural disasters—which typically precipitate post-traumatic stress disorder (PTSD). It describes the symptoms and suggests ways to deal with PTSD. The book offers reassuring and useful guidance techniques for post-traumatic stress disorder. The comprehensive glossary includes Canadian information.

Grade Level:
ECS–Grade 6

Topic: conflict resolution
Audience: students, educators
Publisher: National Film Board of Canada
Place of Publication: Ottawa, ON

Dinner for Two (1997)
Janet Perlman

Peace in the rainforest is disrupted when two chameleons get involved in a conflict with catastrophic results. Luckily for the lizards, a frog observing the fracas turns into exactly what they need—a mediator. This animated video, without narration, tackles conflict in a lively manner. It shows that amidst chaos, a path to reconciliation is often possible.

Grade Level:
Grades 7–12

Topics: anger, conflict resolution, problem solving
Audience: students, educators
ISBN: 1–56095–148–6
Publisher: Quest International
Place of Publication: Granville, OH
Distributor: Lions-Quest Canada

Exploring the Issues: Promoting Peace and Preventing Violence (1995)
Susan Carroll Keister, Molly Laird, Myra Immell and Linda Barr

This resource includes 19 sessions to help students understand the attitudes and behaviours that can lead from conflict to anger to violence. The program increases students' awareness of how people usually respond to conflict and teaches them how to work toward peaceful resolutions. The topics include: Exploring Factors that Contribute to Violence, Calming Down and Gathering Information, Managing Conflicts Appropriately, Protecting Ourselves, and Promoting Peace.

Grade Level:
Staff Development (General)

Topics: conflict resolution, problem solving, communication, leadership
Audience: educators, students
ISBN: 0–7805–4249–5 (Resource Guide)
Publisher: King Squire Films in collaboration with the Toronto Board of Education
Place of Publication: Toronto, ON
Distributor: Sunburst Technology

Face to Face: Conflict Resolution in Schools (1994)
Judith Arbus, Kathy Harris, Tim Kearns, Ann Lacey, Marie Lardino, Judith Love and Richard Waugh

This resource offers ideas and strategies for educators to develop independent conflict-resolution skills in their students. It emphasizes the importance of teaching problem solving and communication skills. The lessons can be woven into the curriculum as needed.

Components:
- one videotape
- one binder, which includes: introduction, video script, handouts for staff, handouts for students (secondary level), handouts for students (elementary level), classroom management and school discipline, and bibliography and resources

Grade Level:
Grades 2–4

Topic: conflict resolution
Audience: students
ISBN: 0–7805–4047–6 (Teacher's Guide)
Publisher: Sunburst Technology
Place of Publication: Pleasantville, NY

Getting Better at Getting Along (updated version) (1997)
Tony Mazzarella and Madeline Boskey

This kit provides an introduction to conflict resolution by demonstrating essential techniques for young children. When students express themselves clearly and listen carefully, they improve their ability to solve problems, take greater responsibility for themselves, and get along in and out of school.

Components:

- one teacher's guide
- one audiocassette
- folder of role-play cards
- one videotape
- poster

Grade Level:
Staff Development Resource (General)

Topics: conflict resolution, problem solving, communication, leadership, self-esteem, peer pressure, bullies, teasing
Audience: educators, counsellors, parents, administrators
ISBN: 1–895411–79–3
Publisher: Peguis Publishers Ltd.
Place of Publication: Winnipeg, MB

Helping Kids Deal with Conflict (1996)
Gerry Sheanh

This book explores the roots and expression of conflict, and examines obstacles to resolution, such as self-esteem, peer pressure, bullies, put downs and teasing. It offers reasonable, practical techniques for addressing the problems of conflict. The author advocates creating environments in which students can learn and practise peaceful conflict resolution. PLEASE NOTE: Teachers need to make students aware that not every conflict will be solved and that in some situations, safety is an issue.

Grade Level:
Staff Development Resource (General)

Topics: responsibility, self-control, critical thinking, problem solving
Audience: educators, counsellors, child care workers, parents
ISBN: 0–944337–08–2
Publisher: New View Publications
Place of Publication: Chapel Hill, NC
Distributor: Irwin Publishing

Helping Kids Help Themselves (1992)
E. Perry Good

Learn how to help children and young people move toward responsibility and independence by applying the ideas in this lively book. A renowned expert on control and reality therapy, the author explains how teachers, counsellors and parents can help children develop success-oriented behaviours.

Grade Level:
Grades 2–4

***Just the Two of Us* (1994)**
Agency for Instructional Technology

Topics: social responsibility, anger, conflict resolution
Audience: students
Publisher: Agency for Instructional Technology
Place of Publication: Bloomington, IN
Distributor: Magic Lantern Communications Ltd.

This resource deals with conflict and conflict-resolution techniques appropriate to primary students. It demonstrates how to share, listen, explain, mediate and negotiate calmly, and provides a foundation for future interpersonal relationships.

Grade Level:
Grades 1–6

***Kelso's Choice: Conflict Management for Children* (2nd edition) (1994)**
Barbara O'Neill and Diane Glass

Topics: conflict resolution, anger, mediation, negotiation, cooperation, leadership, communication, responsibility
Audience: students, educators
Publisher: Rhinestone Press
Place of Publication: Winchester, OR
Distributor: Sunburst Technology

Kelso's Choice is a conflict-management curriculum based on the premise that every child is capable of becoming a peacemaker. Designed around Kelso the frog, a hand puppet, the program offers nine options students can choose to resolve conflicts. It helps students differentiate between problems they can handle on their own and those requiring adult intervention. It empowers students to be accountable for their choices.

Components:
- one leader's guide (binder)
- one binder: *Willow Pond: A Kelso's Choice Storybook*
- one frog puppet
- five posters

Grade Level:
Grades 7–10

***Kidzone Series VII: Quibbling Rivalry* (1996)**
Knowledge Network

Topics: workplace safety, conflict resolution, competition, rights and responsibility, work relationships
Audience: students, educators, counsellors
ISBN: 1-55162-417-6 (Learning Resource, Series VII)
Publisher: Knowledge Network
Place of Publication: Burnaby, BC

Dealing with conflict is difficult, but there are skills young people can learn to defuse potentially violent situations. *Quibbling Rivalry* illustrates how students entering the workforce are frequently keen to make a good impression and may ignore safety guidelines in an effort to impress the boss.

Components:
- one videotape: *Quibbling Rivalry*
- one learning resource (guide) with student activity pages

Grade Level:
Staff Development Resource (General)

***Life Space Intervention: Talking with Children and Youth in Crisis* (1991)**
Mary M. Wood and Nicholas J. Long

Topics: life space intervention, youth in crisis, communication, problem solving
Audience: educators, child care workers, child psychologists/psychiatrists, counsellors
ISBN: 0-89079-245-3
Publisher: Pro-Ed
Place of Publication: Austin, TX
Distributor: Artel Educational Resources

Life Space Intervention (LSI) is about talking with children and youth in crisis. It presents a process in which professionals help adolescents understand and deal with their crises. In Part I, adults are prepared to deal with all aspects of student stress. Part II teaches the six sequential steps involved in carrying out the life space intervention. Part III describes the five types of therapeutic LSI that are typical and beneficial to students in conflict. The final chapter deals with young and developmentally delayed children.

Grade Level:
Grades 7–12

***Mediation: Getting to Win-Win* (1994)**
Fran Schmidt

Topics: peer mediation, conflict resolution
Audience: students
ISBN: 1-878-227-22-X (Teacher's Guide)
Publisher: Peace Education Foundation
Place of Publication: Miami, FL
Distributor: Sunburst Technology

This mediation program recognizes that conflicts are a part of life. Its purpose is to help students solve their own conflicts constructively and responsibly. Students learn the skills of peer mediation through life-conflict scenarios.

Components:
- one teacher's guide
- one videotape

Grade Level:
Grades 6–9

***Missing: An Educational Kit about Internet Kidnapping* (2000)**
LiveWires Design Ltd.

Topic: Internet safety
Audience: educators, parents
Publisher: LiveWires Design Ltd.
Place of Publication: Vancouver, B.C.

Missing is a computer program based on the true story of a 13-year-old boy who was kidnapped by an adult over the Internet. The kit is designed to protect children in Grades 6–9 from Internet predators. The kit provides resources so children, parents and teachers can better understand how Internet predators manipulate children. PLEASE NOTE: This resource should be used only with teacher and parent involvement.

Components:
- two CD-ROMs
- one poster
- one videotape
- one print discussion guide

Grade Level:
Grades 1–12

Topics: peer support, negotiation, mediation, conflict resolution, communication, responsibility, leadership
Audience: students, educators, counsellors
ISBN: 0–87822–367–3 (Student Manual), 0–87822–368–1 (Program Guide)
Publisher: Research Press
Place of Publication: Champaign, IL

Peer Mediation: Conflict Resolution in Schools (revised edition) (1997)

Fred Schrumpf, Donna K. Crawford and Richard J. Bodine

This resource explains how to design, implement and operate a successful peer mediation program with students, placing particular emphasis on social and cultural diversity. The program prepares student mediators to deal with most mediation requests—often the result of name-calling, put-downs, prejudice, rumours, boy/girl issues, threats, and lost or damaged property. Together, the video and print material provide a comprehensive peer mediation training program. PLEASE NOTE: This resource makes several generalizations regarding various cultures, and their beliefs and behaviours.

Components:

- one program guide
- one student manual
- one videotape

Grade Level:
Grades 9–12

Topics: peer support, conflict resolution, anger, rights and responsibilities, communication, feelings, cooperation
Audience: students, educators, counsellors, administrators
ISBN: 1–879639–42–4
Publisher: National Educational Service
Place of Publication: Bloomington, IN

Reconnecting Youth: A Peer Group Approach to Building Life Skills (1995)

Leona L. Eggert, Liela J. Nicholas and Linda M. Owen

This resource outlines a comprehensive program to assist high-risk youth in developing various life skills, such as self-esteem, decision making, personal control and interpersonal communications. It includes parent resources, information on risk factors, and strategies for involving school and community members in a life-skills development process. Each unit is self-contained with detailed lesson plans and handouts. Evaluation tools are included.

Grade Level:
Staff Development Resource (General)

Reducing School Violence Through Conflict Resolution (1995)

David W. Johnson and Roger T. Johnson

Topics: conflict resolution, problem solving, communication, leadership, cooperation, anger, negotiation, mediation, youth violence
Audience: educators, administrators, counsellors, parents
ISBN: 0–87120–252–2 (pbk.)
Publisher: Association for Supervision and Curriculum Development
Place of Publication: Alexandria, VA

This book discusses an approach that involves interrelated programs for preventing violence and helping students learn to resolve conflicts constructively. It explains how schools can create a cooperative learning environment where students learn how to negotiate and mediate peer conflicts, and teachers use academic controversies to enhance learning.

Grade Level:
Grades 4–8

Road to Reason: A Conflict Resolution Game (1996)

Dorothy Goldwasser

Topics: conflict resolution, anger, communication, respect, tolerance and understanding
Audience: students, educators
ISBN: 0–7805–4231–2 (Instruction Book)
Publisher: Sunburst Technology
Place of Publication: Pleasantville, NY

The *Road to Reason* is a board game designed to teach the skills of conflict resolution. Students roll the die and take turns journeying along the road to reason. By participating in this game, they have an opportunity to learn and practise getting the facts and making their feelings clear. Through the use of "I" messages, active listening and brainstorming, they are able to find win-win solutions.

Components:
Each game contains:

- one book of instructions
- two dice
- six playing pieces (pawns)
- 20 yellow Taxi Cards
- one board
- 35 red Fire Engine cards
- 41 green Sports Car cards
- 18 blank cards

Grade Level:
Grades 10–12

Someone To Talk To: Peer Helping in High School (1996)

National Film Board of Canada

Topics: conflict resolution, peer support, rights and responsibilities, cooperation, citizenship, leadership
Audience: students, educators
Publisher: National Film Board of Canada
Place of Publication: Montreal, QC

Someone To Talk To captures the achievements and disappointments of a year's peer helping. The video follows volunteers from two Ottawa high schools. It depicts trained student volunteers and peer helpers who lend an understanding ear to teens facing personal problems. In the process of giving, the helpers gain insight into their own personal problems and improve their social skills.

Grade Level:
Grades 3–6

Student Workshop: Conflict Managers (1996)

Tony Mazzarella, Dorothy Goldwasser, Susan Simmons and Michelle Yannes

Topics: conflict resolution, anger, mediation, negotiation, cooperation, leadership, responsibility
Audience: students, educators, counsellors
ISBN: 0–7805–4214–2 (binder)
Publisher: Sunburst Technology
Place of Publication: Pleasantville, NY

Conflict Managers is designed as a hands-on workshop to teach students the skills they need to resolve conflicts effectively. It presents conflicts that students typically experience and demonstrates the process for mediating them. Worksheets are included for practising steps in the mediation process.

Components:

- one binder (teacher resource and student worksheets)
- one videotape

Grade Level:
Grades 5–9

Student Workshop: Mediation Skills (1996)

Abbie Hadassah Fink, Carol Shoshanah Fink and Walter Simmons

Topics: mediation, negotiation, anger, conflict resolution, communication, feelings, respect
Audience: students, educators, counsellors
ISBN: 0–7805–4209–6 (Teacher Resource)
Publisher: Sunburst Technology
Place of Publication: Pleasantville, NY

Schools report that when students mediate their peers' conflicts, the need for serious disciplinary action is reduced along with the incidence of violence, vandalism and absenteeism. In a step-by-step approach, this workshop trains students to be peer mediators, equipping them with skills for conducting successful mediation. The individual and group activities provide an opportunity for practising the skills and steps involved.

Components:

- one binder (teacher resource and student worksheets)
- one videotape

Grade Level:
Grades 7–12

Topics: teen suicide, physical and mental health, acceptance, communication, feelings, help professions, conflict resolution
Audience: counsellors, educators, students
Publisher: Cambridge Educational
Place of Publication: Charleston, WV
Distributor: Kineticvideo.com

Teen Suicide (1994)
Cambridge Educational

This production examines the reasons why teens consider, attempt or commit suicide and provides specific measures to prevent unhappy teens from becoming suicide statistics. Viewers learn how to recognize the signals of suicide contemplation, how to help and where to go for assistance. Those who may be thinking about ending their lives discover they are not alone. They learn how to conquer suicidal feelings, and become aware of specific people and organizations that desperately want to help.

Grade Level:
Grades 7–9

Topics: conflict resolution, rights and responsibilities, acceptance, tolerance and understanding, communication, feelings
Audience: students, educators
Publisher: Educational Video Network, Inc.
Place of Publication: Huntsville, TX
Distributor: Educational Media Company

Teenage Conflict Resolution (1997)
Educational Video Network, Inc.

Conflict happens to most people on a daily basis. This video discusses how to cope with these situations and how to best achieve peaceful resolutions.

Components:
- one videotape
- one-page study guide

Grade Level:
Grades 4–6

The Respect Series (1996)

United Learning, Inc.

This kit provides students with the necessary keys to respecting themselves and others.

Components:

- one videotape
- four teacher's guides

Topics: respect, tolerance, communication, acceptance
Audience: students, educators
ISBN: 1–56007–562–7 (*Uncommon Courtesy* Teacher's Guide), 1–56007–563–5 (*I Was Just Kidding!* Teacher's Guide), 1–56007–564–3 (*You're Right and So am I* Teacher's Guide), 1–56007–565–1 (*Respect for Property and Authority* Teacher's Guide)
Publisher: Peer Power Productions / United Learning, Inc.
Place of Publication: Niles, IL
Distributor: Kineticvideo.com

Grade Level:
Grades 9–12

Violence Prevention: A Group Discussion Approach (1996)

John Allan, Judith Nairne and Jo-Ann Majcher

This book offers an easy-to-use, step-by-step approach to facilitating discussion about violence with students. *Violence Prevention* enables students to talk about their own experiences with anger, violence, threat, loss of control and the effects of witnessing violence. The session plans are divided into three areas for easy reference: primary, junior/intermediate and secondary. *Violence Prevention* also provides a transformational model, a review of the literature, background material and a presentation for parents.

Topics: anger, youth violence, self-control, communication, feelings, conflict resolution
Audience: educators, students, parents
ISBN: 1–56109–067–0 (ERIC/CASS), 0–7713–0452–8 (Guidance Centre)
Publisher: Guidance Centre, Ontario Institute for Studies in Education
Place of Publication: Greensboro, NC / Toronto, ON
Distributor: University of Toronto Press

Grade Level:
ECS–Grade 2

Topic: conflict resolution
Audience: students
ISBN: 0–7805–4149–9 (Teacher's Guide)
Publisher: Sunburst Technology
Place of Publication: Pleasantville, NY

We Can Work It Out! Conflict Resolution (updated version) (1997)

Tony Mazzarella and Barbara Christesen

Educators can use this resource to teach young children conflict-resolution skills. It includes how to ask questions and listen, and provides strategies to do things differently to resolve conflicts.

Components:

- one teacher's guide
- two audiocassettes
- one videotape
- one poster
- one game with six playing pieces and one die

Grade Level:
Grades 3–4

Topics: cooperation, acceptance, self-control, conflict resolution, respect
Audience: students, educators
ISBN: 0–7805–4266–5 (Teacher's Guide)
Publisher: Sunburst Technology
Place of Publication: Pleasantville, NY

We Can Work Together (1997)

Tony Mazzarella and Barbara Christesen

Classroom situations often call for children to work together but first they need to know how. The *We Can Work Together* program helps students develop the skills and attitudes that make working in groups a positive experience. Concepts demonstrated include showing respect for others, learning how to compromise and taking responsibility. There is an emphasis on listening for meaning and feelings when others are talking.

Components:

- one teacher's guide
- one videotape

Grade Level:
Grades 1–4

Topics: conflict resolution, cause and effect, problem solving, decision making
Audience: students, educators
ISBN: 0–7805–4205–3 (Teacher's Guide)
Publisher: Sunburst Technology
Place of Publication: Pleasantville, NY

What Might Happen Next? (1996)

Tony Mazzarella and Courtney Silk

By recognizing a sequence of events and predicting the possible consequences, this program teaches children to resolve conflicts and make decisions. The video presents open-ended scenarios in which students are asked to discuss and predict what might happen next. The appealing songs draw viewers in and the activities get them actively involved.

Components:

- one teacher's guide
- one videotape
- one audiotape

Grade Level:
Staff Development Resource (General)

Topics: behaviour management, learning disabilities
Audience: parents, educators
Publisher: WETA
Place of Publication: Washington, DC
Distributor: Visual Education Centre

***When the Chips are Down* (1997)**
Richard D. Lavoie

This video offers practical advice on dealing with behavioural problems quickly and effectively. It explains how preventive discipline can anticipate problems before they start, and how teachers and parents can create a stable, predictable environment in which children with learning disabilities can flourish.

Grade Level:
Grades 1–12

Topics: conflict resolution, rights and responsibilities, acceptance, tolerance and understanding, communication, feelings, leadership, law
Audience: students, educators
Publisher: National Film Board of Canada
Place of Publication: Ottawa, ON

***When the Dust Settles* (1997)**
Louise Johnson

The prairie wind is not responsible for the dirt flying in this video. The culprits are neighbouring gophers with an un-neighbourly appetite for anger and revenge. By sundown, the retaliatory rodents have all but obliterated both their homes. Is there a way they can put the pieces back together? This video tackles conflict in a lively way. It shows that amidst the chaos that conflicts create, there are paths to reconciliation. This video is designed as a flexible tool in exploring conflict resolution.

Grade Level:
ECS–Grade 3

***Work It Out! Skills for Solving Conflicts* (1997)**
Kathleen M. Cochran

Topics: conflict resolution, anger, communication, respect, tolerance and understanding
Audience: students, educators
ISBN: 0–7805–4272–X
Publisher: Sunburst Technology
Place of Publication: Pleasantville, NY

The program is designed to help young children resolve issues of contention in a positive manner, without fighting. The three student videos demonstrate positive ways to handle feelings and work out disagreements. The kit includes many activities intended to reinforce and extend the concepts presented. The fourth video, *Conflict Resolution: Primary Grades*, shows what successful conflict-resolution programs look like, so staff members can apply this learning to their own school setting. This program promotes the collaborative effort of students and teachers in developing a safe learning environment.

Components:

- four videotapes: *We can Work it Out: Conflict Resolution*, *Ten Things to do Instead of Hitting*, *Working it Out (Workshop Time)*, *Conflict Resolution Primary Grades* (Staff Development)
- one teacher's guide
- student print materials: 34 reproducible activity masters, 15 project cards, 20 "what-if" cards, 45 ungame cards, two photographic posters, one let's work it out! poster, six reproducible poster activity sheets
- one audiocassette

Grade Level:
Grade 7–12

***Working It Out Together* (1997)**
Attainment Company, Inc.

Topics: conflict resolution, peer support, mediation, negotiation, leadership, citizenship
Audience: educators, counsellors, students
ISBN: 1–57861–003–6
Publisher: Attainment Company, Inc.
Place of Publication: Verona, WI
Distributor: Insight Media Centre Ltd.

These two videos address the topics of peer mediation and conflict resolution.

Staff Version: The authors demonstrate mediation techniques in realistic role-plays. They demonstrate how to train student peer mediators and implement a school-wide conflict resolution program.

Student Version: This video illustrates experienced student mediators using the Webne-Behrman method to control lively and realistic peer-mediation role-plays. It instructs and motivates those who want to become peer mediators.

Components:

- two videotapes, one student version and one staff version

Grade Level:
Grades 6–9

Topics: youth violence, racial issues, rights and responsibilities, citizenship
Audience: students
ISBN: 0–7805–4133–2 (Teacher's Guide)
Publisher: Sunburst Technology
Place of Publication: Pleasantville, NY

Youth to Youth: A Video About Violence (1992)
Sunburst Technology

A group of students speaks out about violence and other related societal issues like racism, war, rape and problems with police programs. Students point out the prevalence of violence in society and ask viewers to grapple with the issues discussed. They advocate critical thinking about the need for preventing violence and developing solutions.

Components:

- one videotape
- one teacher's guide

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